

### Categoria: M 10

(Lunghezza 1930 m - Dislivello 45 m - Kmsf 2,38)

Pos.	Nome		Società		Tempo																								
1	Ruggiero Enea		NIRVANA VERDE		00.22.16																								
85	5	02:37	71	1	02:15	87	3	01:43	43	2	01:52	37	1	02:47	88	2	01:29	38	3	04:50	90	2	02:27	100	1	01:42	CL	1	00:34
5		00.02.37	1		00.04.52	1		00.06.35	1		00.08.27	1		00.11.14	1		00.12.43	1		00.17.33	1		00.20.00	1		00.21.42	1		00.22.16
2	Brambilla Paolo		POL. BESANESE		00.25.47																								
85	2	01:55	71	3	03:42	87	2	01:42	43	3	02:56	37	3	03:32	88	3	01:30	38	1	02:23	90	5	05:08	100	3	02:21	CL	2	00:38
2		00.01.55	3		00.05.37	2		00.07.19	2		00.10.15	2		00.13.47	2		00.15.17	2		00.17.40	2		00.22.48	2		00.25.09	2		00.25.47
3	Mc Cafferty Rua Dante		NIRVANA VERDE		00.30.17																								
85	1	01:49	71	5	10:00	87	1	01:33	43	1	01:45	37	2	02:55	88	1	01:23	38	4	04:56	90	1	02:23	100	4	02:36	CL	4	00:57
1		00.01.49	5		00.11.49	5		00.13.22	3		00.15.07	3		00.18.02	3		00.19.25	3		00.24.21	3		00.26.44	3		00.29.20	3		00.30.17
4	Guarino Leo		UNIONE LOMBARDA		00.35.14																								
85	4	02:35	71	4	04:45	87	4	05:06	43	4	03:26	37	4	07:06	88	3	01:30	38	2	02:31	90	4	04:48	100	5	02:41	CL	3	00:46
4		00.02.35	4		00.07.20	4		00.12.26	4		00.15.52	4		00.22.58	4		00.24.28	4		00.26.59	4		00.31.47	4		00.34.28	4		00.35.14
5	Colombo Matteo		NIRVANA VERDE		00.41.16																								
85	3	02:26	71	2	02:29	87	5	06:57	43	5	07:16	37	5	07:21	88	5	02:25	38	5	05:01	90	3	03:42	100	2	02:10	CL	5	01:29
3		00.02.26	2		00.04.55	3		00.11.52	5		00.19.08	5		00.26.29	5		00.28.54	5		00.33.55	5		00.37.37	5		00.39.47	5		00.41.16

### Categoria: M 12

(Lunghezza 2550 m - Dislivello 65 m - Kmsf 3,20)

Pos.	Nome		Società		Tempo																								
1	Pedroncelli Giorgio		OR. COMO		01.21.03																								
70	4	06:13	59	3	02:15	80	3	01:54	34	2	12:17	76	4	02:38	33	1	05:45	43	2	13:47	36	1	03:16	75	2	23:27	90	1	07:12
4		00.06.13	3		00.08.28	3		00.10.22	2		00.22.39	2		00.25.17	2		00.31.02	1		00.44.49	1		00.48.05	1		01.11.32	1		01.18.44
100	1	01:40	CL	2	00:39																								
1		01.20.24	1		01.21.03																								
2	Visalli Filippo		POL. PUNTO NORD		01.31.42																								
70	3	04:07	59	5	11:20	80	1	01:45	34	4	14:53	76	5	03:53	33	3	11:27	43	1	07:52	36	2	04:40	75	1	13:44	90	2	15:07
3		00.04.07	5		00.15.27	5		00.17.12	5		00.32.05	5		00.35.58	3		00.47.25	2		00.55.17	2		00.59.57	2		01.13.41	2		01.28.48
100	2	02:18	CL	1	00:36																								
2		01.31.06	2		01.31.42																								
-	Spagnoli Zeno		NIRVANA VERDE		Punz. Mancante																								
70	2	02:36	59	2	02:03	80	5	02:10	34	1	06:10	76	3	01:58	33	2	06:21	36	-	17:52	75	-	11:25	90	-	13:24	100	-	03:10
2		00.02.36	1		00.04.39	1		00.06.49	1		00.12.59	1		00.14.57	1		00.21.18	-		00.39.10	-		00.50.35	-		01.03.59	-		01.07.09
PM	-	00:52																											
3		01.08.01																											
-	Valnegri Leonardo Dalmazio		POL. BESANESE		Ritirato																								
70	1	02:33	59	4	03:09	80	4	02:03	34	5	22:35	76	2	01:47	RI	-	-32:-07												
1		00.02.33	2		00.05.42	2		00.07.45	4		00.30.20	4		00.32.07	4		00.00.00												
-	Costa Mattia		POL. IST. SUP. DALLA CHIESA S...		Ritirato																								
70	5	08:17	59	1	01:29	80	2	01:52	34	3	14:25	76	1	01:04	RI	-	-27:-07												
5		00.08.17	4		00.09.46	4		00.11.38	3		00.26.03	3		00.27.07	5		00.00.00												

### Categoria: M 13/14

(Lunghezza 3110 m - Dislivello 145 m - Kmsf 4,56)

Pos.	Nome		Società		Tempo																								
1	Brambilla Carlo		POL. BESANESE		00.37.09																								
59	1	02:53	84	1	01:09	62	1	02:15	33	3	02:02	83	3	03:50	44	3	04:31	65	2	02:48	75	3	10:50	38	5	02:27	39	1	02:00
1		00.02.53	1		00.04.02	1		00.06.17	1		00.08.19	1		00.12.09	1		00.16.40	1		00.19.28	1		00.30.18	1		00.32.45	1		00.34.45
100	1	01:59	CL	1	00:25																								
1		00.36.44	1		00.37.09																								
2	Maiocchi Alessandro		POL. PUNTO NORD		00.46.03																								
59	3	03:11	84	4	01:20	62	6	05:51	33	2	01:59	83	1	03:41	44	6	05:00	65	1	02:35	75	7	14:11	38	6	02:29	39	2	02:16
3		00.03.11	2		00.04.31	5		00.10.22	4		00.12.21	2		00.16.02	2		00.21.02	2		00.23.37	2		00.37.48	2		00.40.17	2		00.42.33
100	6	03:03	CL	2	00:27																								
2		00.45.36	2		00.46.03																								

...Categoria: M 13/14

Pos.	Nome		Società		Tempo																								
3	Costa Tommaso		POL.IST.SUP.DALLA CHIESA S...		00.54.16																								
59	7	03:39	84	2	01:13	62	3	03:04	33	1	01:49	83	10	18:40	44	1	04:17	65	4	03:18	75	1	09:48	38	7	02:36	39	5	03:08
	7	00.03.39		4	00.04.52		3	00.07.56		2	00.09.45		6	00.28.25		6	00.32.42		5	00.36.00		3	00.45.48		3	00.48.24		3	00.51.32
	100	2	02:16	CL	4	00:28																							
	3	00.53.48		3	00.54.16																								
4	Schiavo Alessio		POL. BESANESE		00.56.36																								
59	2	03:06	84	8	02:53	62	7	07:03	33	8	04:55	83	4	07:34	44	7	05:08	65	8	06:11	75	6	11:34	38	1	02:11	39	3	02:39
	2	00.03.06		7	00.05.59		6	00.13.02		6	00.17.57		4	00.25.31		4	00.30.39		6	00.36.50		5	00.48.24		5	00.50.35		4	00.53.14
	100	4	02:55	CL	2	00:27																							
	4	00.56.09		4	00.56.36																								
5	Volpi Dario		NIRVANA VERDE		00.56.45																								
59	4	03:21	84	7	01:48	62	2	02:42	33	6	03:35	83	7	15:08	44	5	04:49	65	6	04:18	75	4	11:29	38	9	03:18	39	7	03:23
	4	00.03.21		6	00.05.09		2	00.07.51		3	00.11.26		5	00.26.34		5	00.31.23		4	00.35.41		4	00.47.10		4	00.50.28		5	00.53.51
	100	3	02:23	CL	5	00:31																							
	5	00.56.14		5	00.56.45																								
6	Merati Ettore		POL. PUNTO NORD		01.04.57																								
59	8	08:43	84	6	01:46	62	9	07:49	33	4	02:15	83	2	03:46	44	2	04:21	65	3	02:52	75	9	23:18	38	8	02:51	39	8	03:41
	8	00.08.43		8	00.10.29		8	00.18.18		7	00.20.33		3	00.24.19		3	00.28.40		3	00.31.32		7	00.54.50		7	00.57.41		7	01.01.22
	100	5	03:01	CL	7	00:34																							
	6	01.04.23		6	01.04.57																								
7	Brogiolo Leonardo		POL.IST.SUP.DALLA CHIESA S...		01.05.16																								
59	6	03:33	84	3	01:14	62	4	05:31	33	5	02:51	83	9	18:14	44	8	05:22	65	7	06:09	75	5	11:32	38	2	02:23	39	9	04:16
	6	00.03.33		3	00.04.47		4	00.10.18		5	00.13.09		7	00.31.23		7	00.36.45		7	00.42.54		6	00.54.26		6	00.56.49		6	01.01.05
	100	7	03:38	CL	6	00:33																							
	7	01.04.43		7	01.05.16																								
8	Pagani Pietro		POL.IST.SUP.DALLA CHIESA S...		01.08.26																								
59	9	10:05	84	9	05:30	62	8	07:25	33	7	04:52	83	5	07:59	44	4	04:47	65	9	06:16	75	2	10:39	38	2	02:23	39	4	03:06
	9	00.10.05		9	00.15.35		9	00.23.00		9	00.27.52		8	00.35.51		8	00.40.38		9	00.46.54		8	00.57.33		8	00.59.56		8	01.03.02
	100	9	04:41	CL	9	00:43																							
	8	01.07.43		8	01.08.26																								
9	Chemello Samuele		POL.IST.SUP.DALLA CHIESA S...		01.14.01																								
59	5	03:26	84	5	01:28	62	10	09:58	33	10	07:40	83	6	14:43	44	9	05:32	65	5	03:56	75	8	17:21	38	4	02:25	39	6	03:16
	5	00.03.26		5	00.04.54		7	00.14.52		8	00.22.32		9	00.37.15		9	00.42.47		8	00.46.43		9	01.04.04		9	01.06.29		9	01.09.45
	100	8	03:42	CL	7	00:34																							
	9	01.13.27		9	01.14.01																								
10	Stucchi Nicolo'		NIRVANA VERDE		02.34.41																								
59	10	36:47	84	10	07:39	62	5	05:43	33	9	06:11	83	8	17:29	44	10	10:28	65	10	08:56	75	10	26:55	38	10	04:20	39	10	05:06
	10	00.36.47		10	00.44.26		10	00.50.09		10	00.56.20		10	01.13.49		10	01.24.17		10	01.33.13		10	02.00.08		10	02.04.28		10	02.09.34
	100	10	24:00	CL	10	01:07																							
	10	02.33.34		10	02.34.41																								

**Categoria: M 15/16**

(Lunghezza 4120 m - Dislivello 165 m - Kmsf 5,77)

Pos.	Nome		Società		Tempo																								
1	Pellizzari Emilio		UNIONE LOMBARDA		00.42.21																								
80	2	03:38	73	2	02:25	82	1	04:57	60	1	02:46	58	1	05:55	81	2	01:28	40	3	01:08	76	2	04:51	33	1	03:38	43	1	01:45
	2	00.03.38		2	00.06.03		2	00.11.00		1	00.13.46		1	00.19.41		1	00.21.09		1	00.22.17		1	00.27.08		1	00.30.46		1	00.32.31
	36	1	01:03	39	2	06:10	100	2	02:10	CL	2	00:27																	
	1	00.33.34		1	00.39.44		1	00.41.54		1	00.42.21																		
2	Crippa Tommaso		POL. BESANESE		00.46.54																								
80	1	03:11	73	3	02:34	82	2	04:58	60	2	03:15	58	2	09:07	81	1	01:22	40	4	01:15	76	1	03:54	33	2	03:42	43	5	04:20
	1	00.03.11		1	00.05.45		1	00.10.43		2	00.13.58		2	00.23.05		2	00.24.27		2	00.25.42		2	00.29.36		2	00.33.18		2	00.37.38
	36	4	01:34	39	1	05:37	100	1	01:32	CL	6	00:33																	
	2	00.39.12		2	00.44.49		2	00.46.21		2	00.46.54																		
3	Marzaro Gabriele		POL.IST.SUP.DALLA CHIESA S...		01.00.32																								
80	3	03:55	73	4	02:43	82	3	05:39	60	3	03:52	58	3	09:13	81	4	02:20	40	1	00:57	76	5	09:38	33	6	09:17	43	3	02:18
	3	00.03.55		4	00.06.38		3	00.12.17		3	00.16.09		3	00.25.22		3	00.27.42		3	00.28.39		3	00.38.17		4	00.47.34		4	00.49.52
	36	3	01:25	39	3	06:36	100	3	02:12	CL	2	00:27																	
	4	00.51.17		3	00.57.53		3	01.00.05		3	01.00.32																		

...Categoria: M 15/16

Pos.	Nome	Società												Tempo					
4	Skopiskiy Ivan	OMEGA-BRATISLAVA												01.33.37					
80	4 04:09	73	1 02:19	82	6 12:02	60	5 04:05	58	4 10:02	81	3 02:07	40	2 01:04	76	3 05:50	33	3 05:34	43	2 02:02
4	00.04.09	3	00.06.28	4	00.18.30	4	00.22.35	4	00.32.37	4	00.34.44	4	00.35.48	4	00.41.38	3	00.47.12	3	00.49.14
36	2 01:20	39	6 39:30	100	5 03:10	CL	1 00:23												
3	00.50.34	4	01.30.04	4	01.33.14	4	01.33.37												
5	Acquaviva Riccardo	POL. PUNTO NORD												01.42.52					
80	5 22:00	73	5 05:15	82	4 08:44	60	4 03:53	58	6 15:57	81	5 02:34	40	5 02:48	76	4 08:03	33	4 05:58	43	4 04:09
5	00.22.00	5	00.27.15	5	00.35.59	5	00.39.52	5	00.55.49	5	00.58.23	5	01.01.11	5	01.09.14	5	01.15.12	5	01.19.21
36	5 01:50	39	5 17:59	100	6 03:13	CL	4 00:29												
5	01.21.11	5	01.39.10	5	01.42.23	5	01.42.52												
6	Bazzacchi Francesco	UNIONE LOMBARDA												01.57.59					
80	6 29:25	73	6 09:24	82	5 09:56	60	6 05:16	58	5 10:19	81	6 10:55	40	6 03:22	76	6 09:44	33	5 08:59	43	6 06:06
6	00.29.25	6	00.38.49	6	00.48.45	6	00.54.01	6	01.04.20	6	01.15.15	6	01.18.37	6	01.28.21	6	01.37.20	6	01.43.26
36	6 01:56	39	4 09:41	100	4 02:25	CL	5 00:31												
6	01.45.22	6	01.55.03	6	01.57.28	6	01.57.59												

Categoria: M 17/18

(Lunghezza 6690 m - Dislivello 320 m - Kmsf 9,89)

Pos.	Nome	Società												Tempo					
1	Bonalumi Federico	NIRVANA VERDE												01.31.38					
41	1 12:37	77	1 06:25	57	1 02:55	58	1 08:56	81	1 01:25	73	1 03:32	33	1 03:04	87	2 00:45	83	1 02:33	44	1 03:17
1	00.12.37	1	00.19.02	1	00.21.57	1	00.30.53	1	00.32.18	1	00.35.50	1	00.38.54	1	00.39.39	1	00.42.12	1	00.45.29
65	1 02:55	52	1 15:19	50	1 06:53	55	1 06:21	78	1 08:32	90	1 04:21	100	1 01:13	CL	1 00:35				
1	00.48.24	1	01.03.43	1	01.10.36	1	01.16.57	1	01.25.29	1	01.29.50	1	01.31.03	1	01.31.38				
2	Sala Giovanni	NIRVANA VERDE												03.39.29					
41	2 31:20	77	2 10:23	57	2 03:04	58	2 14:08	81	2 04:07	73	2 06:23	33	2 15:30	87	1 00:44	83	2 15:22	44	2 07:18
2	00.31.20	2	00.41.43	2	00.44.47	2	00.58.55	2	01.03.02	2	01.09.25	2	01.24.55	2	01.25.39	2	01.41.01	2	01.48.19
65	2 07:10	52	2 42:15	50	2 13:27	55	2 15:36	78	2 19:32	90	2 09:00	100	2 03:03	CL	2 01:07				
2	01.55.29	2	02.37.44	2	02.51.11	2	03.06.47	2	03.26.19	2	03.35.19	2	03.38.22	2	03.39.29				

Categoria: M 35

(Lunghezza 6690 m - Dislivello 320 m - Kmsf 9,89)

Pos.	Nome	Società												Tempo					
1	Magenes Giuseppe	POL. BESANESE												01.17.35					
41	3 05:02	77	1 05:03	57	4 02:34	58	1 07:55	81	2 01:22	73	4 03:42	33	3 02:55	87	4 00:46	83	1 02:14	44	4 03:53
3	00.05.02	1	00.10.05	1	00.12.39	1	00.20.34	1	00.21.56	1	00.25.38	1	00.28.33	1	00.29.19	1	00.31.33	1	00.35.26
65	4 02:55	52	2 13:50	50	1 05:18	55	3 06:02	78	3 08:37	90	2 03:45	100	1 01:12	CL	1 00:30				
1	00.38.21	1	00.52.11	1	00.57.29	1	01.03.31	1	01.12.08	1	01.15.53	1	01.17.05	1	01.17.35				
2	Crivelli Diego	SCOM Mendrisio												01.21.51					
41	2 05:01	77	2 06:03	57	7 04:04	58	3 08:37	81	4 01:34	73	3 03:28	33	2 02:21	87	5 00:58	83	2 02:25	44	3 03:41
2	00.05.01	2	00.11.04	3	00.15.08	3	00.23.45	3	00.25.19	2	00.28.47	2	00.31.08	2	00.32.06	2	00.34.31	2	00.38.12
65	2 02:30	52	1 13:20	50	7 09:26	55	1 04:52	78	2 07:55	90	3 03:50	100	1 01:12	CL	3 00:34				
2	00.40.42	2	00.54.02	2	01.03.28	2	01.08.20	2	01.16.15	2	01.20.05	2	01.21.17	2	01.21.51				
3	Brocco Valerio	ENEA CASACCIA ORIENTERING												01.26.41					
41	4 05:54	77	4 07:11	57	6 03:46	58	4 09:05	81	1 01:13	73	1 03:03	33	1 02:08	87	6 01:00	83	3 02:37	44	2 03:29
4	00.05.54	4	00.13.05	4	00.16.51	4	00.25.56	4	00.27.09	4	00.30.12	3	00.32.20	4	00.33.20	3	00.35.57	3	00.39.26
65	1 02:25	52	3 14:11	50	6 08:40	55	2 05:38	78	5 09:14	90	5 05:11	100	5 01:18	CL	5 00:38				
3	00.41.51	3	00.56.02	3	01.04.42	3	01.10.20	3	01.19.34	3	01.24.45	3	01.26.03	3	01.26.41				
4	Della Vedova Andrea	AGOROSSO OR. S. ALESSANDRO												01.30.33					
41	1 05:00	77	3 06:40	57	1 02:11	58	6 09:41	81	3 01:25	73	5 03:52	33	5 03:44	87	1 00:31	83	7 05:05	44	1 03:16
1	00.05.00	3	00.11.40	2	00.13.51	2	00.23.32	2	00.24.57	3	00.28.49	4	00.32.33	3	00.33.04	4	00.38.09	4	00.41.25
65	3 02:33	52	4 15:32	50	4 06:59	55	4 06:46	78	6 09:28	90	6 05:49	100	6 01:22	CL	6 00:39				
4	00.43.58	4	00.59.30	4	01.06.29	4	01.13.15	4	01.22.43	4	01.28.32	4	01.29.54	4	01.30.33				
5	Migliore Andrea	POL. BESANESE												01.33.25					
41	5 07:27	77	4 07:11	57	3 02:33	58	5 09:39	81	4 01:34	73	6 04:25	33	4 03:12	87	7 01:31	83	5 03:12	44	5 03:59
5	00.07.27	5	00.14.38	5	00.17.11	6	00.26.50	5	00.28.24	6	00.32.49	5	00.36.01	6	00.37.32	6	00.40.44	5	00.44.43
65	6 03:25	52	5 16:03	50	3 06:19	55	5 06:49	78	4 09:12	90	4 05:02	100	4 01:16	CL	4 00:36				
5	00.48.08	5	01.04.11	5	01.10.30	5	01.17.19	5	01.26.31	5	01.31.33	5	01.32.49	5	01.33.25				

### ...Categoria: M 35

Pos.	Nome	Società												Tempo					
6	Freddi Giorgio	NIRVANA VERDE												01.46.04					
41	6 08:04	77	7 07:36	57	2 02:25	58	2 08:22	81	6 02:29	73	2 03:04	33	6 04:10	87	3 00:44	83	6 03:32	44	7 12:27
6	00.08.04	6	00.15.40	6	00.18.05	5	00.26.27	6	00.28.56	5	00.32.00	6	00.36.10	5	00.36.54	5	00.40.26	6	00.52.53
65	5 02:59	52	6 21:33	50	2 05:20	55	7 11:14	78	1 07:08	90	1 03:15	100	1 01:12	CL	1 00:30				
6	00.55.52	6	01.17.25	6	01.22.45	6	01.33.59	6	01.41.07	6	01.44.22	6	01.45.34	6	01.46.04				
7	Merlini Mauro	POL. BESANESE												02.24.15					
41	7 09:09	77	6 07:27	57	5 03:24	58	7 22:08	81	7 02:30	73	7 04:31	33	7 07:33	87	2 00:43	83	4 02:58	44	6 04:10
7	00.09.09	7	00.16.36	7	00.20.00	7	00.42.08	7	00.44.38	7	00.49.09	7	00.56.42	7	00.57.25	7	01.00.23	7	01.04.33
65	7 05:01	52	7 33:11	50	5 08:21	55	6 09:54	78	7 13:52	90	7 06:46	100	7 01:56	CL	7 00:41				
7	01.09.34	7	01.42.45	7	01.51.06	7	02.01.00	7	02.14.52	7	02.21.38	7	02.23.34	7	02.24.15				

### Categoria: M 45

(Lunghezza 6690 m - Dislivello 320 m - Kmsf 9,89)

Pos.	Nome	Società												Tempo					
1	Boiani Tiziano	O-92 PIANO DI MAGADINO												01.10.32					
41	1 04:27	77	7 10:06	57	1 02:12	58	1 07:12	81	5 01:36	73	1 02:59	33	1 01:54	87	2 00:41	83	1 01:58	44	1 02:41
1	00.04.27	2	00.14.33	2	00.16.45	2	00.23.57	2	00.25.33	2	00.28.32	2	00.30.26	2	00.31.07	2	00.33.05	2	00.35.46
65	1 01:50	52	1 12:53	50	1 04:09	55	1 04:38	78	1 06:16	90	1 03:24	100	1 01:10	CL	1 00:26				
2	00.37.36	1	00.50.29	1	00.54.38	1	00.59.16	1	01.05.32	1	01.08.56	1	01.10.06	1	01.10.32				
2	Grilli Alberto	POL. PUNTO NORD												01.17.16					
41	2 04:47	77	1 06:04	57	3 02:21	58	2 07:41	81	1 01:17	73	2 03:39	33	2 02:25	87	2 00:41	83	2 02:16	44	2 03:27
2	00.04.47	1	00.10.51	1	00.13.12	1	00.20.53	1	00.22.10	1	00.25.49	1	00.28.14	1	00.28.55	1	00.31.11	1	00.34.38
65	3 02:47	52	2 13:54	50	3 05:51	55	2 05:18	78	3 08:50	90	2 03:59	100	2 01:20	CL	4 00:39				
1	00.37.25	2	00.51.19	2	00.57.10	2	01.02.28	2	01.11.18	2	01.15.17	2	01.16.37	2	01.17.16				
3	Cattaneo Fabio	POL. PUNTO NORD												01.23.18					
41	3 10:01	77	3 06:52	57	2 02:16	58	3 07:44	81	2 01:18	73	3 03:43	33	2 02:25	87	1 00:38	83	3 02:20	44	3 03:36
3	00.10.01	3	00.16.53	3	00.19.09	3	00.26.53	3	00.28.11	3	00.31.54	3	00.34.19	3	00.34.57	3	00.37.17	3	00.40.53
65	2 02:31	52	3 14:14	50	2 05:28	55	3 05:20	78	2 08:47	90	3 04:07	100	3 01:23	CL	3 00:35				
3	00.43.24	3	00.57.38	3	01.03.06	3	01.08.26	3	01.17.13	3	01.21.20	3	01.22.43	3	01.23.18				
4	Barengi Beniamino	SCOM Mendrisio												01.50.43					
41	5 14:54	77	4 06:55	57	6 02:50	58	4 09:31	81	4 01:34	73	5 05:26	33	4 02:27	87	6 00:51	83	7 11:52	44	4 03:50
5	00.14.54	5	00.21.49	5	00.24.39	5	00.34.10	5	00.35.44	5	00.41.10	5	00.43.37	5	00.44.28	5	00.56.20	5	01.00.10
65	4 03:08	52	4 17:52	50	4 06:48	55	4 05:57	78	4 09:39	90	4 05:03	100	4 01:32	CL	2 00:34				
5	01.03.18	5	01.21.10	4	01.27.58	4	01.33.55	4	01.43.34	4	01.48.37	4	01.50.09	4	01.50.43				
5	Skopinskiy Sergey	OMEGA-BRATISLAVA												02.04.21					
41	4 12:21	77	2 06:17	57	7 03:03	58	5 11:05	81	3 01:25	73	4 04:39	33	5 03:32	87	4 00:47	83	4 02:55	44	7 08:05
4	00.12.21	4	00.18.38	4	00.21.41	4	00.32.46	4	00.34.11	4	00.38.50	4	00.42.22	4	00.43.09	4	00.46.04	4	00.54.09
65	5 03:40	52	5 18:21	50	7 20:39	55	5 07:04	78	6 11:43	90	6 05:37	100	6 02:16	CL	6 00:52				
4	00.57.49	4	01.16.10	5	01.36.49	5	01.43.53	5	01.55.36	5	02.01.13	5	02.03.29	5	02.04.21				
6	Merati Massimo	POL. PUNTO NORD												02.52.03					
41	6 16:12	77	6 08:47	57	8 03:16	58	6 12:23	81	6 03:00	73	6 06:48	33	7 08:25	87	7 05:42	83	6 03:44	44	6 06:11
6	00.16.12	6	00.24.59	6	00.28.15	6	00.40.38	6	00.43.38	6	00.50.26	6	00.58.51	7	01.04.33	7	01.08.17	7	01.14.28
65	6 06:00	52	7 42:08	50	5 12:58	55	6 07:22	78	7 19:01	90	7 06:28	100	7 02:40	CL	7 00:58				
7	01.20.28	7	02.02.36	7	02.15.34	7	02.22.56	7	02.41.57	7	02.48.25	7	02.51.05	6	02.52.03				
-	Zanetello Roberto	NIRVANA VERDE												Punz. Errata					
41	7 19:25	77	5 08:40	57	5 02:47	46	- 09:06	40	- 14:39	56	- 04:27	33	6 03:59	87	4 00:47	83	5 03:22	44	5 04:57
7	00.19.25	7	00.28.05	7	00.30.52	-	00.39.58	-	00.54.37	-	00.59.04	7	01.03.03	6	01.03.50	6	01.07.12	6	01.12.09
65	7 06:13	52	6 25:09	50	6 19:57	55	7 12:06	78	5 10:27	90	5 05:30	100	5 01:48	PE	5 00:47				
6	01.18.22	6	01.43.31	6	02.03.28	6	02.15.34	6	02.26.01	6	02.31.31	6	02.33.19	7	02.34.06				
-	Ravasio Gianbattista	AGOROSSO OR. S. ALESSANDRO												Punz. Errata					
70	- 02:41	59	- 05:18	62	- 13:59	77	- 31:44	57	- 02:28	46	- 06:17	81	- 22:24	73	- 05:21	33	- 03:13	87	- 00:56
-	00.02.41	-	00.07.59	-	00.21.58	-	00.53.42	-	00.56.10	-	01.02.27	-	01.24.51	-	01.30.12	-	01.33.25	-	01.34.21
83	- 02:57	44	- 04:58	65	- 03:55	52	- 22:18	50	- 09:37	55	- 09:54	78	- 11:57	90	- 04:32	100	- 01:41	PE	- 00:35
-	01.37.18	-	01.42.16	-	01.46.11	-	02.08.29	-	02.18.06	-	02.28.00	-	02.39.57	-	02.44.29	-	02.46.10	8	02.46.45
-	Beretta Matteo	ORIENT EXPRESS VERONA												Ritirato					
56	- 13:46	77	8 25:26	57	4 02:44	81	- 31:23	73	- 04:10	87	- 03:53	90	- 21:33	100	- 01:34	RI	- 01:00		
-	00.13.46	8	00.39.12	8	00.41.56	-	01.13.19	-	01.17.29	-	01.21.22	-	01.42.55	-	01.44.29	9	01.45.29		

## Categoria: M 55

(Lunghezza 5420 m - Dislivello 300 m - Kmsf 8,42)

Pos.	Nome	Società	Tempo
1	Tettamanti Roberto	SCOM Mendrisio	01.11.31
84	1 02:32	73 2 03:03	34 8 05:28
82	1 03:56	60 4 03:56	46 4 03:58
58	2 03:14	81 1 01:15	41 2 04:26
74	1 03:20	2 00.02.32	2 00.27.22
41	2 04:26	74 1 03:20	41 2 04:26
2	00.44.59	2 00.50.36	2 00.53.23
2	00.54.57	1 01.05.38	1 01.10.49
1	01.11.31	1 01.11.31	
2	Bozzola Angelo	POL. PUNTO NORD	01.12.36
84	8 03:50	73 4 03:33	34 6 03:40
82	2 04:10	60 1 03:31	46 8 04:09
58	4 03:24	81 5 01:58	41 4 04:50
74	2 05:34	2 00.03.50	3 00.07.23
41	4 04:50	74 2 05:34	41 4 04:50
8	00.03.50	4 00.07.23	3 00.11.03
3	00.15.13	2 00.18.44	2 00.22.53
3	00.26.17	3 00.28.15	3 00.33.05
3	00.38.39	3 00.48.20	3 00.52.33
3	00.54.05	3 00.56.15	2 01.06.44
2	01.12.01	2 01.12.01	2 01.12.36
3	Di Stefano Gianluca	POL. BESANESE	01.13.04
84	2 02:57	73 1 02:56	34 3 02:40
82	3 04:12	60 2 03:38	46 5 04:07
58	1 03:03	81 2 01:17	41 1 04:17
74	5 06:35	2 00.02.57	1 00.08.33
41	1 04:17	74 5 06:35	41 1 04:17
2	00.02.57	2 00.05.53	1 00.08.33
1	00.12.45	1 00.16.23	1 00.20.30
1	00.23.33	1 00.24.50	1 00.29.07
2	00.35.42	61 1 07:28	63 1 03:08
65	3 01:41	48 13 05:00	78 4 13:55
100	3 05:33	CL 3 00:37	
1	00.43.10	1 00.46.18	1 00.47.59
1	00.52.59	3 01.06.54	3 01.12.27
3	01.13.04	3 01.13.04	
4	Gatti Giorgio Ernesto	POL. PUNTO NORD	01.22.50
84	3 03:02	73 10 05:54	34 5 02:54
82	4 04:14	60 3 03:48	46 1 03:39
58	3 03:18	81 3 01:53	41 6 06:13
74	4 06:05	3 00.03.02	7 00.08.56
41	6 06:13	74 4 06:05	41 6 06:13
3	00.03.02	7 00.08.56	5 00.11.50
4	00.16.04	4 00.19.52	4 00.23.31
4	00.26.49	4 00.28.42	4 00.34.55
4	00.41.00	61 8 10:01	63 7 05:35
65	11 02:52	48 1 01:26	78 3 13:47
100	8 07:31	CL 4 00:38	
4	00.51.01	5 00.56.36	5 00.59.28
4	01.00.54	4 01.14.41	4 01.22.12
4	01.22.50	4 01.22.12	4 01.22.50
5	Pessina Eugenio	POL. PUNTO NORD	01.23.24
84	4 03:16	73 7 04:47	34 7 04:15
82	9 06:09	60 6 04:16	46 2 03:52
58	5 03:43	81 8 02:34	41 5 04:56
74	7 06:50	4 00.03.16	6 00.08.03
41	5 04:56	74 7 06:50	41 5 04:56
4	00.03.16	6 00.08.03	7 00.12.18
7	00.18.27	7 00.22.43	7 00.26.35
5	00.30.18	5 00.32.52	5 00.37.48
5	00.44.38	61 2 07:36	63 2 03:11
65	4 01:42	48 12 04:56	78 8 14:58
100	4 05:45	CL 4 00:38	
4	00.52.14	4 00.55.25	4 00.57.07
5	01.02.03	5 01.17.01	5 01.22.46
5	01.23.24	5 01.22.46	5 01.23.24
6	Serra Sandro	UNIONE LOMBARDA	01.28.00
84	6 03:44	73 3 03:25	34 11 05:38
82	5 04:44	60 9 04:30	46 9 04:31
58	8 04:22	81 7 02:07	41 8 07:55
74	10 07:45	6 00.03.44	3 00.07.09
41	8 07:55	74 10 07:45	41 8 07:55
6	00.03.44	3 00.07.09	8 00.12.47
5	00.17.31	5 00.22.01	6 00.26.32
6	00.30.54	6 00.33.01	7 00.40.56
7	00.48.41	61 3 09:28	63 5 04:46
65	6 01:46	48 5 02:20	78 5 14:00
100	5 06:04	CL 10 00:55	
6	00.58.09	6 01.02.55	6 01.04.41
6	01.07.01	6 01.21.01	6 01.27.05
6	01.28.00	6 01.27.05	6 01.28.00
7	Biella Roberto	POL. IST. SUP. DALLA CHIESA S...	01.30.16
84	9 03:59	73 9 05:26	34 4 02:49
82	8 05:20	60 8 04:29	46 5 04:07
58	10 05:37	81 11 02:57	41 9 08:31
74	3 05:51	9 00.03.59	8 00.09.25
41	9 08:31	74 3 05:51	41 9 08:31
9	00.03.59	8 00.09.25	6 00.12.14
6	00.17.34	6 00.22.03	5 00.26.10
7	00.31.47	7 00.34.44	8 00.43.15
8	00.49.06	61 4 09:30	63 6 04:52
65	8 02:18	48 4 02:19	78 7 14:40
100	6 06:44	CL 8 00:47	
7	00.58.36	7 01.03.28	7 01.05.46
7	01.08.05	7 01.22.45	7 01.29.29
7	01.30.16	7 01.29.29	7 01.30.16
8	Crippa Gianluigi	POL. BESANESE	01.31.48
84	11 06:04	73 5 04:09	34 9 05:29
82	7 05:13	60 7 04:25	46 10 04:34
58	7 03:55	81 4 01:56	41 10 08:42
74	6 06:48	11 00.06.04	9 00.10.13
41	10 08:42	74 6 06:48	41 10 08:42
11	00.06.04	9 00.10.13	10 00.15.42
9	00.20.55	9 00.25.20	9 00.29.54
9	00.33.49	8 00.35.45	9 00.44.27
9	00.51.15	61 7 09:56	63 4 04:20
65	7 01:55	48 6 02:26	78 6 14:26
100	7 06:48	CL 6 00:42	
9	01.01.11	8 01.05.31	8 01.07.26
8	01.09.52	8 01.24.18	8 01.31.06
8	01.31.48	8 01.31.06	8 01.31.48
9	Sardella Roberto	VARESE OR.	01.36.29
84	5 03:24	73 6 04:28	34 1 02:22
82	13 10:54	60 5 04:01	46 7 04:08
58	5 03:43	81 12 03:13	41 3 04:40
74	8 07:18	5 00.03.24	3 00.07.52
41	3 04:40	74 8 07:18	41 3 04:40
5	00.03.24	3 00.07.52	2 00.10.14
10	00.21.08	8 00.25.09	8 00.29.17
8	00.33.00	9 00.36.13	6 00.40.53
6	00.48.11	61 9 11:40	63 10 06:43
65	4 01:42	48 7 02:30	78 9 17:10
100	9 07:59	CL 1 00:34	
8	00.59.51	9 01.06.34	9 01.08.16
9	01.10.46	9 01.27.56	9 01.35.55
9	01.36.29	9 01.35.55	9 01.36.29
10	Grignani Silvano	POL. BESANESE	01.59.15
84	12 06:18	73 8 04:57	34 2 02:30
82	10 06:55	60 13 13:59	46 11 05:14
58	11 06:00	81 9 02:35	41 12 10:18
74	9 07:20	12 00.06.18	10 00.11.15
41	12 10:18	74 9 07:20	41 12 10:18
12	00.06.18	10 00.11.15	9 00.13.45
8	00.20.40	11 00.34.39	10 00.39.53
10	00.45.53	10 00.48.28	11 00.58.46
10	01.06.06	61 10 12:51	63 9 06:28
65	2 01:40	48 9 03:17	78 11 19:18
100	10 08:26	CL 12 01:09	
10	01.18.57	10 01.25.25	10 01.27.05
10	01.30.22	10 01.30.22	10 01.49.40
10	01.58.06	10 01.58.06	10 01.59.15
11	Volpi Davide	UNIONE LOMBARDA	02.23.00
84	7 03:48	73 13 11:06	34 12 06:04
82	12 09:30	60 11 05:24	46 13 07:04
58	9 04:32	81 6 01:59	41 11 09:45
74	12 11:25	7 00.03.48	12 00.14.54
41	11 09:45	74 12 11:25	41 11 09:45
7	00.03.48	12 00.14.54	12 00.20.58
12	00.30.28	12 00.35.52	13 00.42.56
13	00.47.28	11 00.49.27	12 00.59.12
11	01.10.37	61 11 15:01	63 13 21:26
65	12 04:01	48 8 03:05	78 10 18:32
100	11 09:15	CL 11 01:03	
11	01.25.38	11 01.47.04	12 01.51.05
11	01.54.10	11 02.12.42	11 02.21.57
11	02.23.00	11 02.21.57	11 02.23.00
12	Bertellini Nicola	POL. BESANESE	02.26.37
84	13 12:51	73 12 08:51	34 10 05:33
82	6 05:03	60 10 04:44	46 3 03:57
58	12 06:25	81 10 02:44	41 13 10:28
74	11 10:20	13 00.12.51	13 00.21.42
41	13 10:28	74 11 10:20	41 13 10:28
13	00.12.51	13 00.21.42	13 00.27.15
13	00.32.18	13 00.37.02	12 00.40.59
12	00.47.24	12 00.50.08	13 01.00.36
12	01.10.56	61 12 15:30	63 12 20:45
65	9 02:33	48 11 04:35	78 12 19:44
100	12 11:40	CL 9 00:54	
12	01.26.26	12 01.47.11	11 01.49.44
12	01.54.19	12 02.14.03	12 02.25.43
12	02.26.37	12 02.25.43	12 02.26.37

### ...Categoria: M 55

Pos.	Nome	Società	Tempo
-	Pedroncelli Davide	OR. COMO	Punz. Mancante
84	10 05:10	73 11 06:15	34 13 08:06
10	00.05.10	11 00.11.25	11 00.19.31
61	13 17:05	63 11 19:26	65 13 09:41
13	01.31.08	13 01.50.34	13 02.00.15

### Categoria: M 65

(Lunghezza 4460 m - Dislivello 200 m - Kmsf 6,46)

Pos.	Nome	Società	Tempo
1	Battistoni Luca	VARESE OR.	01.08.19
73	1 05:49	76 1 02:49	82 1 05:44
1	00.05.49	1 00.08.38	1 00.14.22
83	2 04:46	75 1 08:23	39 1 06:14
1	00.50.31	1 00.58.54	1 01.05.08
2	Crivelli Raffaele	SCOM Mendrisio	01.15.46
73	2 06:21	76 2 03:13	82 2 07:59
2	00.06.21	2 00.09.34	2 00.17.33
83	1 04:07	75 2 08:27	39 2 06:41
2	00.57.18	2 01.05.45	2 01.12.26
3	Bona Mario Fiorenzo	POL. BESANESE	01.49.17
73	3 08:14	76 3 03:41	82 3 08:09
3	00.08.14	3 00.11.55	3 00.20.04
83	3 05:48	75 3 18:12	39 4 07:34
3	01.19.13	3 01.37.25	3 01.44.59
4	Galbusera Dario	UNIONE LOMBARDA	02.01.20
73	4 15:05	76 4 03:58	82 4 10:11
4	00.15.05	4 00.19.03	4 00.29.14
83	4 07:34	75 4 18:29	39 3 07:04
4	01.31.17	4 01.49.46	4 01.56.50

### Categoria: M 70

(Lunghezza 2830 m - Dislivello 80 m - Kmsf 3,63)

Pos.	Nome	Società	Tempo
1	Nessi Carlo	VARESE OR.	00.53.55
59	1 10:17	62 1 04:33	73 1 03:05
1	00.10.17	1 00.14.50	1 00.17.55
75	1 04:24	90 1 05:38	100 1 01:29
1	00.46.03	1 00.51.41	1 00.53.10

### Categoria: M ELITE

(Lunghezza 8340 m - Dislivello 450 m - Kmsf 12,84)

Pos.	Nome	Società	Tempo
1	Kosky Jack	POL. BESANESE	01.21.20
56	5 04:34	77 10 05:48	82 1 01:49
5	00.04.34	9 00.10.22	6 00.12.11
48	1 02:48	47 1 03:21	45 2 01:35
2	00.36.36	1 00.39.57	1 00.41.32
100	1 03:31	CL 2 00:26	
1	01.20.54	1 01.21.20	
2	Giuliani Luigi	POL. BESANESE	01.24.19
56	1 04:15	77 5 04:56	82 4 01:58
1	00.04.15	2 00.09.11	2 00.11.09
48	5 03:04	47 2 03:40	45 1 01:29
4	00.37.54	2 00.41.34	2 00.43.03
100	2 03:45	CL 5 00:30	
2	01.23.49	2 01.24.19	



# CLASSIFICA

Campionato Reg Long Data: domenica 26 maggio 2024

Data creazione: 26/05/2024 21:58:20



## ...Categoria: M ELITE

Pos.	Nome		Società		Tempo																								
3	Magenes Francesco		POL. BESANESE		01.25.41																								
56	2	04:24	77	2	04:26	82	5	02:02	57	4	01:03	60	7	02:57	58	2	05:59	40	4	01:02	80	1	01:55	67	1	02:34	44	2	06:13
2	00:04.24	1	00:08.50	1	00:10.52	1	00:11.55	2	00:14.52	1	00:20.51	1	00:21.53	1	00:23.48	1	00:26.22	1	00:32.35										
48	6	03:10	47	9	06:15	45	6	01:47	49	8	04:08	52	2	13:51	51	2	02:39	50	4	01:38	53	1	02:55	55	8	03:50	78	4	07:33
1	00:35.45	3	00:42.00	3	00:43.47	3	00:47.55	3	01:01.46	2	01:04.25	2	01:06.03	2	01:08.58	2	01:12.48	3	01:20.21										
100	6	04:55	CL	1	00:25																								
3	01:25.16	3	01:25.41																										
4	Franco Antonio		POL.IST.SUP.DALLA CHIESA S...		01.28.05																								
56	3	04:31	77	4	04:44	82	6	02:04	57	9	01:15	60	3	02:39	58	1	05:57	40	11	01:42	80	5	02:31	67	1	02:34	44	5	06:52
3	00:04.31	3	00:09.15	3	00:11.19	3	00:12.34	3	00:15.13	2	00:21.10	3	00:22.52	4	00:25.23	3	00:27.57	3	00:34.49										
48	10	04:37	47	3	03:49	45	3	01:40	49	2	03:27	52	7	16:51	51	3	02:50	50	2	01:32	53	2	02:56	55	6	03:34	78	3	06:41
6	00:39.26	5	00:43.15	5	00:44.55	5	00:48.22	6	01:05.13	6	01:08.03	6	01:09.35	6	01:12.31	6	01:16.05	4	01:22.46										
100	5	04:47	CL	6	00:32																								
4	01:27.33	4	01:28.05																										
5	Rumor Alvise		OR. G. GALILEI		01.28.07																								
56	4	04:33	77	7	05:04	82	7	02:05	57	7	01:08	60	5	02:49	58	5	06:27	40	1	00:46	80	2	01:56	67	6	02:49	44	6	07:17
4	00:04.33	4	00:09.37	5	00:11.42	4	00:12.50	5	00:15.39	5	00:22.06	3	00:22.52	2	00:24.48	2	00:27.37	5	00:34.54										
48	2	02:53	47	5	04:35	45	4	01:44	49	7	04:05	52	5	15:33	51	7	03:39	50	1	01:30	53	4	03:07	55	4	03:25	78	6	07:47
3	00:37.47	4	00:42.22	4	00:44.06	4	00:48.11	4	01:03.44	4	01:07.23	4	01:08.53	4	01:12.00	4	01:15.25	5	01:23.12										
100	3	04:23	CL	6	00:32																								
5	01:27.35	5	01:28.07																										
6	Brandolini Andrea		AGOROSSO OR. S. ALESSANDRO		01.28.55																								
56	11	06:54	77	7	05:04	82	2	01:57	57	2	00:57	60	6	02:51	58	3	06:07	40	5	01:05	80	2	01:56	67	3	02:36	44	3	06:20
11	00:06.54	10	00:11.58	10	00:13.55	9	00:14.52	9	00:17.43	8	00:23.50	8	00:24.55	6	00:26.51	6	00:29.27	6	00:35.47										
48	2	02:53	47	10	06:26	45	5	01:46	49	6	03:58	52	3	14:16	51	1	02:28	50	3	01:37	53	2	02:56	55	7	03:37	78	5	07:41
5	00:38.40	6	00:45.06	6	00:46.52	6	00:50.50	5	01:05.06	5	01:07.34	5	01:09.11	5	01:12.07	5	01:15.44	6	01:23.25										
100	7	05:01	CL	4	00:29																								
6	01:28.26	6	01:28.55																										
7	Filipelli Alessio		POL.IST.SUP.DALLA CHIESA S...		01.41.46																								
56	6	05:03	77	9	05:08	82	8	02:20	57	8	01:14	60	9	03:08	58	8	06:55	40	2	00:58	80	8	02:59	67	5	02:47	44	8	08:19
6	00:05.03	8	00:10.11	8	00:12.31	7	00:13.45	7	00:16.53	7	00:23.48	6	00:24.46	7	00:27.45	7	00:30.32	7	00:38.51										
48	4	03:00	47	7	05:26	45	8	02:05	49	9	04:35	52	8	17:24	51	5	03:20	50	10	02:22	53	7	04:03	55	10	04:51	78	8	08:57
7	00:41.51	7	00:47.17	7	00:49.22	7	00:53.57	7	01:11.21	7	01:14.41	7	01:17.03	7	01:21.06	7	01:25.57	7	01:34.54										
100	10	06:20	CL	6	00:32																								
7	01:41.14	7	01:41.46																										
8	Redaelli Tommaso		POL. BESANESE		01.42.55																								
56	7	05:05	77	3	04:36	82	9	02:39	57	4	01:03	60	8	03:01	58	7	06:51	40	10	01:39	80	12	04:20	67	8	02:55	44	10	09:00
7	00:05.05	5	00:09.41	7	00:12.20	6	00:13.23	6	00:16.24	6	00:23.15	7	00:24.54	8	00:29.14	8	00:32.09	8	00:41.09										
48	7	03:21	47	4	04:19	45	11	02:23	49	10	04:39	52	6	16:39	51	8	03:57	50	8	02:06	53	9	04:46	55	9	04:36	78	7	08:34
8	00:44.30	8	00:48.49	8	00:51.12	8	00:55.51	8	01:12.30	8	01:16.27	8	01:18.33	8	01:23.19	8	01:27.55	8	01:36.29										
100	8	05:50	CL	10	00:36																								
8	01:42.19	8	01:42.55																										
9	Villa Andrea		NIRVANA VERDE		01.57.19																								
56	8	05:12	77	5	04:56	82	12	03:44	57	4	01:03	60	2	02:38	58	11	10:37	40	6	01:15	80	9	03:05	67	9	04:23	44	7	07:19
8	00:05.12	7	00:10.08	9	00:13.52	10	00:14.55	8	00:17.33	9	00:28.10	9	00:29.25	9	00:32.30	9	00:36.53	9	00:44.12										
48	11	08:12	47	11	07:10	45	12	02:28	49	4	03:50	52	9	18:07	51	4	03:06	50	12	05:34	53	8	04:35	55	3	03:16	78	10	11:51
9	00:52.24	10	00:59.34	10	01:02.02	10	01:05.52	9	01:23.59	9	01:27.05	10	01:32.39	10	01:37.14	10	01:40.30	10	01:52.21										
100	4	04:30	CL	3	00:28																								
9	01:56.51	9	01:57.19																										
10	Sala Alessandro		POL. BESANESE		01.58.44																								
56	9	05:37	77	1	04:06	82	2	01:57	57	11	02:35	60	11	04:51	58	10	10:19	40	12	02:14	80	4	02:20	67	10	06:25	44	11	09:26
9	00:05.37	6	00:09.43	4	00:11.40	8	00:14.15	10	00:19.06	10	00:29.25	10	00:31.39	10	00:33.59	10	00:40.24	10	00:49.50										
48	8	03:47	47	6	05:02	45	7	01:51	49	3	03:44	52	11	20:12	51	9	04:06	50	7	01:51	53	10	05:10	55	5	03:33	78	9	11:10
10	00:53.37	9	00:58.39	9	01:00.30	9	01:04.14	10	01:24.26	10	01:28.32	9	01:30.23	9	01:35.33	9	01:39.06	9	01:50.16										
100	12	07:48	CL	11	00:40																								
10	01:58.04	10	01:58.44																										
11	Bonanomi Alessandro		POL. BESANESE		02.36.53																								
56	12	11:27	77	12	08:36	82	10	03:05	57	12	02:58	60	12	05:20	58	9	09:54	40	8	01:28	80	10	03:26	67	11	06:58	44	12	13:21
12	00:11.27	12	00:20.03	12	00:23.08	12	00:26.06	12	00:31.26	12	00:41.20	12	00:42.48	12	00:46.14	12	00:53.12	12	01:06.33										
48	9	04:04	47	7	05:26	45	9	02:08	49	11	05:02	52	12	31:56	51	11	06:12	50	11	02:50	53	11	09:05	55	12	05:11	78	11	11:54
12	01:10.37	11	01:16.03	11	01:18.11	11	01:23.13	12	01:55.09	12	02:01.21	12	02:04.11	11	02:13.16	11	02:18.27	11	02:30.21										
100	9	06:00	CL	6	00:32																								
11	02:36.21	11	02:36.53																										

...Categoria: M ELITE

Pos.	Nome	Società	Tempo
12	Hiroki Inoue	NIRVANA VERDE	02.47.43
56	10 06:36	77 11 07:10	82 11 03:37
10	00.06.36	11 00.13.46	11 00.17.23
48	12 11:25	47 12 07:46	45 10 02:10
11	01.10.11	12 01.17.57	12 01.20.07
100	11 07:12	CL 12 00:41	
12	02.47.02	12 02.47.43	

**Categoria: W 10**

(Lunghezza 1930 m - Dislivello 45 m - Kmsf 2,38)

Pos.	Nome	Società	Tempo
1	Dipace Chiara	NIRVANA VERDE	00.22.18
85	2 01:58	71 1 02:27	87 1 01:42
2	00.01.58	1 00.04.25	1 00.06.07
2	Negri Cecilia	NIRVANA VERDE	00.26.49
85	1 01:53	71 2 07:42	87 2 01:53
1	00.01.53	2 00.09.35	2 00.11.28
3	Spagnoli Vera	NIRVANA VERDE	00.40.28
85	3 02:40	71 5 12:09	87 5 03:57
3	00.02.40	4 00.14.49	4 00.18.46
4	Stucchi Aurora	NIRVANA VERDE	00.44.26
85	4 03:08	71 3 07:51	87 3 02:57
4	00.03.08	3 00.10.59	3 00.13.56
5	Cisana Elena	AGOROSSO OR. S. ALESSANDRO	01.06.08
85	5 05:49	71 4 12:02	87 4 02:59
5	00.05.49	5 00.17.51	5 00.20.50

**Categoria: W 12**

(Lunghezza 2550 m - Dislivello 65 m - Kmsf 3,20)

Pos.	Nome	Società	Tempo
1	Gottardi Alice	NIRVANA VERDE	01.03.57
70	2 03:53	59 1 01:33	80 1 01:33
2	00.03.53	1 00.05.26	1 00.06.59
100	1 01:28	CL 2 00:34	
2	01.03.23	1 01.03.57	
2	Franco Emma	POL.IST.SUP.DALLA CHIESA S...	01.04.10
70	3 05:40	59 2 02:25	80 4 02:28
3	00.05.40	2 00.08.05	2 00.10.33
100	2 01:57	CL 4 00:49	
1	01.03.21	2 01.04.10	
3	Dipace Marta	POL. BESANESE	01.11.29
70	1 02:44	59 4 08:15	80 2 01:35
1	00.02.44	3 00.10.59	3 00.12.34
100	3 02:04	CL 1 00:32	
3	01.10.57	3 01.11.29	
4	Casaglia Diana	POL. PUNTO NORD	01.41.37
70	4 09:15	59 3 02:28	80 3 02:15
4	00.09.15	4 00.11.43	4 00.13.58
100	4 02:21	CL 3 00:36	
4	01.41.01	4 01.41.37	
-	Ceglia Linda	POL. BESANESE	Punz. Mancante
70	5 12:55	59 5 11:28	80 5 06:21
5	00.12.55	5 00.24.23	5 00.30.44



### Categoria: W 13/14

(Lunghezza 3110 m - Dislivello 145 m - Kmsf 4,56)

Pos.	Nome	Società	Tempo
1	Mottadelli Sara	POL. BESANESE	00.47.35
59	4 06:35	84 1 00:59	62 1 02:43
4	00.06.35	4 00.07.34	2 00.10.17
100	3 03:19	CL 2 00:29	2 00.12.28
1	00.47.06	1 00.47.35	
2	Ruggiero Ines	NIRVANA VERDE	00.50.52
59	1 03:40	84 2 01:13	62 2 02:44
1	00.03.40	1 00.04.53	1 00.07.37
100	2 03:03	CL 3 00:31	3 02:46
2	00.50.21	2 00.50.52	
3	Bergamini Clara	AGOROSSO OR. S. ALESSANDRO	00.59.56
59	2 05:12	84 4 01:26	62 5 08:02
2	00.05.12	2 00.06.38	4 00.14.40
100	4 03:27	CL 1 00:28	3 04:33
3	00.59.28	3 00.59.56	
4	Pirola Anita	POL. BESANESE	01.13.30
59	3 05:34	84 3 01:22	62 3 03:41
3	00.05.34	3 00.06.56	3 00.10.37
100	1 02:36	CL 4 00:40	5 18:40
4	01.12.50	4 01.13.30	
5	Negri Benedetta	NIRVANA VERDE	02.52.28
59	6 26:40	84 6 07:40	62 6 33:13
6	00.26.40	6 00.34.20	6 01.07.33
100	5 24:43	CL 5 01:04	3 08:11
5	02.51.24	5 02.52.28	
-	Beretta Lucia	POL. BESANESE	Punz. Mancante
59	5 09:38	84 5 04:00	62 4 07:28
5	00.09.38	5 00.13.38	4 00.27.41
PM	- 00:45		83 5 06:25
6	01.25.56		4 00.34.06
-	Casaglia Cecilia	POL. PUNTO NORD	Ritirato
RI	- 62:44		
7	01.02.44		

### Categoria: W 15/16

(Lunghezza 4120 m - Dislivello 165 m - Kmsf 5,77)

Pos.	Nome	Società	Tempo
1	Riva Lucia	POL. BESANESE	01.15.38
80	3 09:39	73 1 03:40	82 3 08:59
3	00.09.39	3 00.13.19	3 00.22.18
36	1 01:39	39 1 10:26	100 1 03:04
1	01.01.36	1 01.12.02	CL 3 00:32
2	Ruggiero Anita	NIRVANA VERDE	01.25.04
80	1 05:39	73 3 03:55	82 2 08:43
1	00.05.39	1 00.09.34	1 00.18.17
36	2 02:26	39 2 13:54	100 2 04:03
2	01.06.37	2 01.20.31	CL 1 00:30
3	Napoli Sara	AGOROSSO OR. S. ALESSANDRO	01.40.23
80	2 08:46	73 2 03:44	82 1 08:14
2	00.08.46	2 00.12.30	2 00.20.44
36	3 06:27	39 3 14:10	100 3 06:16
3	01.19.27	3 01.33.37	CL 1 00:30

### Categoria: W 17/18

(Lunghezza 4700 m - Dislivello 200 m - Kmsf 6,70)

Pos.	Nome		Società		Tempo																								
1	Tettamanti Anna		OR. COMO		02.04.19																								
80	1	05:36	62	1	04:00	34	1	07:00	76	1	03:07	41	1	08:31	33	1	06:01	67	1	05:04	32	1	06:12	83	1	16:08	44	1	09:39
1		00:05.36	1		00:09.36	1		00:16.36	1		00:19.43	1		00:28.14	1		00:34.15	1		00:39.19	1		00:45.31	1		01:01.39	1		01:11.18
61	1	05:17	63	1	14:36	48	1	06:27	78	1	17:47	100	1	08:02	CL	1	00:52												
1		01.16.35	1		01.31.11	1		01.37.38	1		01.55.25	1		02.03.27	1		02.04.19												

### Categoria: W 35

(Lunghezza 4700 m - Dislivello 200 m - Kmsf 6,70)

Pos.	Nome		Società		Tempo																								
1	Police Eugenia		UNIONE LOMBARDA		01.29.40																								
80	1	05:16	62	3	02:19	34	1	04:12	76	1	01:16	41	3	03:05	33	3	16:54	67	3	03:02	32	1	03:05	83	1	09:36	44	1	04:17
1		00:05.16	1		00:07.35	1		00:11.47	1		00:13.03	1		00:16.08	1		00:33.02	1		00:36.04	1		00:39.09	1		00:48.45	1		00:53.02
61	1	05:15	63	1	05:23	48	1	03:31	78	1	13:02	100	1	08:39	CL	1	00:48												
1		00:58.17	1		01:03.40	1		01:07.11	1		01:20.13	1		01:28.52	1		01:29.40												
-	Palamara Stefania		NIRVANA VERDE		Punz. Mancante																								
80	2	15:15	62	2	01:45	34	2	10:10	76	3	02:11	41	2	02:35	33	1	04:22	67	2	02:34	83	-	13:36	44	-	04:41	61	-	03:54
2		00:15.15	2		00:17.00	2		00:27.10	2		00:29.21	2		00:31.56	2		00:36.18	2		00:38.52	-		00:52.28	-		00:57.09	-		01:01.03
63	-	05:58	48	-	04:01	78	-	13:30	100	-	08:35	PM	-	00:52															
-		01:07.01	-		01:11.02	-		01:24.32	-		01:33.07	2		01:33.59															
-	Galimberti Nadia		POL. PUNTO NORD		Punz. Mancante																								
80	3	17:48	62	1	01:39	34	3	10:56	76	2	02:07	41	1	02:20	33	2	04:27	67	1	02:30	83	-	13:37	44	-	04:15	61	-	04:21
3		00:17.48	3		00:19.27	3		00:30.23	3		00:32.30	3		00:34.50	3		00:39.17	3		00:41.47	-		00:55.24	-		00:59.39	-		01:04.00
63	-	05:59	48	-	03:46	78	-	13:39	100	-	08:38	PM	-	00:52															
-		01:09.59	-		01:13.45	-		01:27.24	-		01:36.02	3		01:36.54															

### Categoria: W 45

(Lunghezza 4700 m - Dislivello 200 m - Kmsf 6,70)

Pos.	Nome		Società		Tempo																								
1	Maddalena Novella		NIRVANA VERDE		01.07.56																								
80	3	05:26	62	2	01:24	34	1	03:45	76	2	01:10	41	7	03:19	33	2	03:05	67	1	02:30	32	1	02:57	83	1	08:52	44	3	04:45
3		00:05.26	2		00:06.50	1		00:10.35	1		00:11.45	2		00:15.04	1		00:18.09	1		00:20.39	1		00:23.36	1		00:32.28	1		00:37.13
61	4	02:48	63	2	04:01	48	2	03:49	78	1	12:10	100	3	07:14	CL	3	00:41												
1		00:40.01	1		00:44.02	1		00:47.51	1		01:00.01	1		01:07.15	1		01:07.56												
2	Skopinskaya Anastasia		OMEGA-BRATISLAVA		01.20.31																								
80	6	08:21	62	1	01:08	34	3	04:48	76	5	01:33	41	6	03:08	33	4	04:12	67	2	02:44	32	2	03:08	83	2	09:56	44	5	05:34
6		00:08.21	4		00:09.29	4		00:14.17	4		00:15.50	4		00:18.58	4		00:23.10	3		00:25.54	3		00:29.02	2		00:38.58	3		00:44.32
61	1	02:34	63	1	03:52	48	1	03:43	78	3	18:26	100	2	06:36	CL	4	00:48												
2		00:47.06	2		00:50.58	2		00:54.41	2		01:13.07	2		01:19.43	2		01:20.31												
3	Marson Marta		SCOM Mendrisio		01.29.15																								
80	2	05:05	62	4	02:23	34	6	06:45	76	3	01:20	41	2	02:02	33	3	03:20	67	5	05:31	32	4	04:32	83	3	10:34	44	4	04:53
2		00:05.05	3		00:07.28	3		00:14.13	3		00:15.33	3		00:17.35	3		00:20.55	4		00:26.26	4		00:30.58	4		00:41.32	4		00:46.25
61	3	02:42	63	4	04:58	48	6	09:16	78	2	17:13	100	4	08:05	CL	2	00:36												
4		00:49.07	4		00:54.05	4		01:03.21	3		01:20.34	3		01:28.39	3		01:29.15												
4	Titoli Emanuela		NIRVANA VERDE		01.31.19																								
80	1	04:47	62	3	01:33	34	2	04:40	76	1	01:07	41	1	01:48	33	5	04:31	67	4	05:12	32	3	03:19	83	4	13:08	44	1	04:18
1		00:04.47	1		00:06.20	2		00:11.00	2		00:12.07	1		00:13.55	2		00:18.26	2		00:23.38	2		00:26.57	3		00:40.05	2		00:44.23
61	5	03:05	63	5	05:16	48	5	08:45	78	5	20:11	100	6	08:49	CL	5	00:50												
3		00:47.28	3		00:52.44	3		01:01.29	4		01:21.40	4		01:30.29	4		01:31.19												
5	Daudaraviciene Vita		POL.IST.SUP.DALLA CHIESA S...		01.42.09																								
80	5	06:32	62	7	08:22	34	4	04:59	76	4	01:27	41	3	02:05	33	1	03:04	67	3	03:15	32	5	04:37	83	5	13:47	44	2	04:26
5		00:06.32	7		00:14.54	6		00:19.53	6		00:21.20	6		00:23.25	5		00:26.29	5		00:29.44	5		00:34.21	5		00:48.08	5		00:52.34
61	2	02:40	63	3	04:40	48	7	09:18	78	6	26:46	100	1	05:38	CL	1	00:33												
5		00:55.14	5		00:59.54	5		01:09.12	5		01:35.58	5		01:41.36	5		01:42.09												
6	Titoli Michela		POL. PUNTO NORD		01.51.10																								
80	4	06:19	62	6	03:27	34	7	07:02	76	6	02:29	41	5	02:19	33	7	05:26	67	6	07:21	32	6	05:21	83	7	16:09	44	6	06:48
4		00:06.19	5		00:09.46	5		00:16.48	5		00:19.17	5		00:21.36	6		00:27.02	6		00:34.23	6		00:39.44	6		00:55.53	6		01:02.41
61	6	03:59	63	7	07:20	48	4	05:54	78	4	19:10	100	7	10:56	CL	7	01:10												
6		01:06.40	6		01:14.00	6		01:19.54	6		01:39.04	6		01:50.00	6		01:51.10												

### ...Categoria: W 45

Pos.	Nome		Società		Tempo																								
7	Valli Elisa		OR. COMO		02.05.17																								
80	7	11:02	62	5	03:06	34	5	06:06	76	7	02:33	41	4	02:10	33	6	05:14	67	7	08:54	32	7	05:42	83	6	14:27	44	7	09:53
7		00.11.02	6		00.14.08	7		00.20.14	7		00.22.47	7		00.24.57	7		00.30.11	7		00.39.05	7		00.44.47	7		00.59.14	7		01.09.07
61	7	07:27	63	6	06:22	48	3	05:04	78	7	27:52	100	5	08:22	CL	6	01:03												
7		01.16.34	7		01.22.56	7		01.28.00	7		01.55.52	7		02.04.14	7		02.05.17												
-	Colombo Roberta		NIRVANA VERDE		Ritirato																								
RI	-	00:00																											
8		00.00.00																											

### Categoria: W 55

(Lunghezza 4460 m - Dislivello 200 m - Kmsf 6,46)

Pos.	Nome		Società		Tempo																								
1	Sedran Anna		POL. BESANESE		01.04.53																								
73	1	06:13	76	1	02:26	82	1	06:39	57	1	01:13	60	2	03:40	46	2	05:09	40	1	03:42	67	1	06:53	32	1	03:02	87	1	05:51
1		00.06.13	1		00.08.39	1		00.15.18	1		00.16.31	1		00.20.11	1		00.25.20	1		00.29.02	1		00.35.55	1		00.38.57	1		00.44.48
83	1	03:15	75	2	08:35	39	1	05:12	100	1	02:26	CL	1	00:37															
1		00.48.03	1		00.56.38	1		01.01.50	1		01.04.16	1		01.04.53															
2	Elli Cristina		POL. PUNTO NORD		01.23.33																								
73	2	08:46	76	2	02:58	82	4	08:44	57	4	01:54	60	1	03:31	46	4	07:30	40	5	05:54	67	3	10:04	32	4	04:19	87	3	07:26
2		00.08.46	2		00.11.44	2		00.20.28	2		00.22.22	2		00.25.53	3		00.33.23	3		00.39.17	3		00.49.21	3		00.53.40	3		01.01.06
83	5	05:10	75	1	08:25	39	2	05:31	100	2	02:38	CL	2	00:43															
3		01.06.16	3		01.14.41	2		01.20.12	2		01.22.50	2		01.23.33															
3	Putzu Daniela		VARESE OR.		01.25.06																								
73	5	10:19	76	3	03:54	82	2	07:03	57	2	01:45	60	3	03:56	46	1	04:29	40	3	04:36	67	5	12:25	32	5	04:50	87	2	06:44
5		00.10.19	4		00.14.13	3		00.21.16	3		00.23.01	3		00.26.57	2		00.31.26	2		00.36.02	2		00.48.27	2		00.53.17	2		01.00.01
83	3	03:52	75	3	10:26	39	5	07:06	100	3	02:56	CL	3	00:45															
2		01.03.53	2		01.14.19	3		01.21.25	3		01.24.21	3		01.25.06															
4	Varesi Paola		UNIONE LOMBARDA		01.32.33																								
73	4	09:43	76	7	05:54	82	3	08:08	57	6	02:03	60	5	05:10	46	3	06:14	40	2	04:32	67	4	11:17	32	3	03:46	87	4	07:27
4		00.09.43	6		00.15.37	5		00.23.45	5		00.25.48	5		00.30.58	5		00.37.12	4		00.41.44	5		00.53.01	5		00.56.47	4		01.04.14
83	4	04:15	75	4	13:39	39	4	06:41	100	4	02:59	CL	3	00:45															
4		01.08.29	4		01.22.08	4		01.28.49	4		01.31.48	4		01.32.33															
5	Poli Elena		POL. BESANESE		01.33.20																								
73	3	09:09	76	4	04:15	82	5	09:39	57	3	01:52	60	4	04:28	46	5	07:47	40	4	04:51	67	2	09:58	32	2	03:34	87	5	09:23
3		00.09.09	3		00.13.24	4		00.23.03	4		00.24.55	4		00.29.23	4		00.37.10	5		00.42.01	4		00.51.59	4		00.55.33	5		01.04.56
83	2	03:43	75	5	14:20	39	3	05:54	100	5	03:32	CL	5	00:55															
5		01.08.39	5		01.22.59	5		01.28.53	5		01.32.25	5		01.33.20															
6	Quarto Anna		POL. PUNTO NORD		02.36.48																								
73	7	15:06	76	6	05:32	82	7	21:07	57	5	01:55	60	6	06:01	46	7	11:24	40	6	07:28	67	6	25:42	32	6	08:01	87	6	16:42
7		00.15.06	7		00.20.38	7		00.41.45	7		00.43.40	7		00.49.41	7		01.01.05	7		01.08.33	7		01.34.15	6		01.42.16	6		01.58.58
83	6	07:51	75	6	15:49	39	6	08:37	100	6	04:21	CL	6	01:12															
6		02.06.49	6		02.22.38	6		02.31.15	6		02.35.36	6		02.36.48															
-	Virgolini Maria Pia		POL. BESANESE		Ritirato																								
73	6	10:23	76	5	04:34	82	6	13:25	57	7	03:04	60	7	06:12	46	6	10:32	40	7	07:33	67	7	32:13	RI	-	-87:-56			
6		00.10.23	5		00.14.57	6		00.28.22	6		00.31.26	6		00.37.38	6		00.48.10	6		00.55.43	6		01.27.56	7		00.00.00			

### Categoria: W 65

(Lunghezza 3250 m - Dislivello 140 m - Kmsf 4,65)

Pos.	Nome		Società		Tempo																								
1	Sacilotto Lucia		UNIONE LOMBARDA		01.04.13																								
84	1	03:42	87	1	04:37	83	2	06:28	44	1	07:02	61	3	08:02	65	1	04:26	54	3	03:26	48	1	01:43	75	1	16:05	90	2	06:03
1		00.03.42	1		00.08.19	1		00.14.47	1		00.21.49	2		00.29.51	2		00.34.17	2		00.37.43	1		00.39.26	1		00.55.31	1		01.01.34
100	2	01:49	CL	1	00:50																								
1		01.03.23	1		01.04.13																								
2	Frigerio Daniela		POL. BESANESE		01.21.18																								
84	3	06:10	87	3	13:40	83	1	04:18	44	3	10:56	61	2	05:03	65	2	05:09	54	2	03:00	48	2	02:08	75	2	22:35	90	1	05:46
3		00.06.10	3		00.19.50	3		00.24.08	3		00.35.04	3		00.40.07	3		00.45.16	3		00.48.16	3		00.50.24	2		01.12.59	2		01.18.45
100	1	01:42	CL	2	00:51																								
2		01.20.27	2		01.21.18																								

### ...Categoria: W 65

Pos.	Nome	Società	Tempo
3	Crippa Loredana	POL. BESANESE	01.23.11
84	2 03:49	87 2 04:40	83 3 06:57
2	00.03.49	2 00.08.29	2 00.15.26
100	3 02:16	CL 3 00:59	2 00.23.54
3	01.22.12	3 01.23.11	44 2 08:28
			61 1 05:02
			65 3 05:12
			54 1 02:46
			48 3 07:10
			75 3 29:39
			90 3 06:13
			1 00.28.56
			1 00.34.08
			1 00.36.54
			2 00.44.04
			3 01.13.43
			3 01.19.56

### Categoria: W 70

(Lunghezza 2000 m - Dislivello 70 m - Kmsf 2,70)

Pos.	Nome	Società	Tempo
1	Belcaro M. Grazia	MONZA OK	01.18.36
59	1 15:48	84 1 05:48	71 1 06:07
1	00.15.48	1 00.21.36	1 00.27.43
CL	1 02:35	CL 1 00:40	1 00.37.19
1	01.18.36		1 00.39.42
			1 00.46.13
			1 00.51.53
			1 00.57.56
			1 01.09.49
			1 01.17.11
			36 1 06:31
			37 1 05:40
			75 1 06:03
			39 1 11:53
			100 1 07:22

### Categoria: W B

(Lunghezza 3250 m - Dislivello 140 m - Kmsf 4,65)

Pos.	Nome	Società	Tempo
1	Tomiello Elisa	POL. PUNTO NORD	01.14.25
84	1 04:38	87 1 05:43	83 1 04:26
1	00.04.38	1 00.10.21	1 00.14.47
CL	1 02:35	CL 1 00:40	1 00.22.06
1	01.13.45	1 01.14.25	1 00.26.19
			1 00.31.25
			1 00.36.06
			1 00.38.04
			1 01.03.48
			1 01.11.10
			65 1 05:06
			54 1 04:41
			48 1 01:58
			75 1 25:44
			90 1 07:22

### Categoria: W ELITE

(Lunghezza 6360 m - Dislivello 320 m - Kmsf 9,56)

Pos.	Nome	Società	Tempo
1	Magenes Chiara	POL. BESANESE	01.17.40
62	2 04:36	82 2 05:50	46 4 05:28
2	00.04.36	1 00.10.26	2 00.15.54
52	1 14:43	72 5 01:47	51 3 02:37
1	00.54.15	1 00.56.02	1 00.58.32
			1 01.00.26
			1 01.12.03
			1 01.17.10
			1 01.17.40
			33 6 03:03
			43 2 02:05
			44 1 05:27
			63 2 03:25
			54 3 02:31
			1 00.23.01
			2 00.26.04
			3 00.28.09
			1 00.33.36
			2 00.37.01
			2 00.39.32
			CL 2 00:30
			1 01.17.10
			1 01.17.40
2	Cozzi Sofia	POL. PUNTO NORD	01.23.11
62	1 04:32	82 4 06:39	46 2 04:56
1	00.04.32	3 00.11.11	3 00.16.07
52	5 19:01	72 3 01:29	51 3 02:37
2	00.58.08	2 00.59.37	2 01.02.14
			2 01.04.26
			2 01.17.11
			2 01.22.39
			2 01.23.11
			33 1 02:06
			43 7 02:39
			44 3 05:59
			63 1 03:04
			54 1 02:08
			1 00.25.17
			1 00.27.56
			3 00.33.55
			1 00.36.59
			1 00.39.07
			CL 3 00:32
			2 01.23.11
3	Magni Chiara	NIRVANA VERDE	01.25.14
62	8 05:46	82 1 05:21	46 1 04:18
8	00.05.46	2 00.11.07	1 00.15.25
52	2 14:54	72 4 01:34	51 2 02:34
4	01.01.25	4 01.02.59	3 01.05.33
			3 01.07.32
			3 01.20.28
			3 01.24.46
			3 01.25.14
			56 8 10:39
			33 3 02:23
			43 3 02:19
			44 4 06:26
			63 4 03:57
			54 2 02:17
			5 00.29.09
			4 00.31.32
			4 00.33.51
			4 00.40.17
			4 00.44.14
			4 00.46.31
			100 1 04:18
			CL 1 00:28
			3 01.25.14
4	Vigni Laura	POL. BESANESE	01.40.37
62	6 05:32	82 5 07:50	46 5 06:10
6	00.05.32	6 00.13.22	5 00.19.32
52	4 18:23	72 1 01:17	51 4 02:38
5	01.11.25	5 01.12.42	5 01.15.20
			5 01.17.50
			4 01.33.33
			4 01.39.58
			4 01.40.37
			56 4 05:00
			33 7 03:08
			43 4 02:27
			44 7 10:14
			63 6 05:10
			54 5 02:57
			3 00.24.07
			3 00.26.15
			2 00.28.03
			1 00.33.36
			3 00.37.30
			3 00.40.04
			100 6 06:25
			CL 5 00:39
			4 01.40.37
5	Negri Federica	POL. BESANESE	01.43.44
62	7 05:34	82 3 06:36	46 3 05:08
7	00.05.34	4 00.12.10	4 00.17.18
52	3 18:08	72 8 03:56	51 7 03:49
3	00.58.12	3 01.02.08	4 01.05.57
			4 01.08.07
			5 01.37.20
			5 01.43.07
			5 01.43.44
			56 1 03:48
			33 2 02:08
			43 1 01:48
			44 2 05:33
			63 3 03:54
			54 4 02:34
			3 00.24.07
			3 00.26.15
			2 00.28.03
			1 00.33.36
			3 00.37.30
			3 00.40.04
			100 4 05:47
			CL 4 00:37
			5 01.43.44
6	Scapin Marta	OR. G. GALILEI	01.46.58
62	4 05:12	82 6 07:51	46 8 07:02
4	00.05.12	5 00.13.03	6 00.20.05
52	7 19:55	72 6 01:58	51 6 03:11
6	01.16.53	6 01.18.51	6 01.22.02
			6 01.24.21
			6 01.39.32
			6 01.46.15
			6 01.46.58
			56 7 06:16
			33 5 03:00
			43 8 02:52
			44 6 10:10
			63 5 04:57
			54 6 03:20
			8 00.32.39
			7 00.35.39
			8 00.38.31
			7 00.48.41
			7 00.53.38
			6 00.56.58
			100 7 06:43
			CL 7 00:43
			6 01.46.58

...Categoria: W ELITE

Pos.	Nome		Società		Tempo																								
7	Cozzi Anita		POL. PUNTO NORD		01.49.38																								
62	3	05:01	82	7	10:37	46	7	06:36	40	5	04:13	56	6	06:06	33	4	02:44	43	5	02:28	44	5	08:45	63	8	06:55	54	8	07:14
3		00:05.01	7		00:15.38	7		00:22.14	7		00:26.27	6		00:32.33	6		00:35.17	6		00:37.45	6		00:46.30	6		00:53.25	7		01:00.39
52	6	19:43	72	2	01:24	51	5	02:39	50	6	02:27	78	6	15:48	100	5	06:19	CL	5	00:39									
7		01:20.22	7		01:21.46	7		01:24.25	7		01:26.52	7		01:42.40	7		01:48.59	7		01:49.38									
8	Cozzi Lisa		POL. PUNTO NORD		02.03.13																								
62	5	05:31	82	8	11:11	46	6	06:15	40	6	04:29	56	5	05:08	33	8	03:20	43	6	02:33	44	8	11:14	63	7	06:44	54	7	05:56
5		00:05.31	8		00:16.42	8		00:22.57	8		00:27.26	7		00:32.34	8		00:35.54	7		00:38.27	8		00:49.41	8		00:56.25	8		01:02.21
52	8	22:53	72	7	02:39	51	8	04:00	50	8	03:04	78	7	19:54	100	8	07:38	CL	8	00:44									
8		01:25.14	8		01:27.53	8		01:31.53	8		01:34.57	8		01:54.51	8		02:02.29	8		02:03.13									

**Categoria: ROSSO**

(Lunghezza 3250 m - Dislivello 140 m - Kmsf 4,65)

Pos.	Nome		Società		Tempo																								
1	Fusaro Angelo		OR. COMO		00.47.46																								
84	1	03:41	87	3	04:14	83	1	03:04	44	1	04:56	61	5	04:45	65	2	03:46	54	8	04:43	48	2	01:54	75	1	08:40	90	4	06:08
1		00:03.41	1		00:07.55	1		00:10.59	1		00:15.55	2		00:20.40	2		00:24.26	2		00:29.09	2		00:31.03	1		00:39.43	1		00:45.51
100	1	01:22	CL	1	00:33																								
1		00:47.13	1		00:47.46																								
2	Moreni Camilla		SCOM Mendrisio		00.49.26																								
84	2	04:41	87	1	03:32	83	2	03:19	44	2	05:40	61	2	03:07	65	1	03:38	54	1	01:22	48	8	03:37	75	2	12:20	90	2	05:38
2		00:04.41	2		00:08.13	2		00:11.32	2		00:17.12	1		00:20.19	1		00:23.57	1		00:25.19	1		00:28.56	2		00:41.16	2		00:46.54
100	2	01:43	CL	5	00:49																								
2		00:48.37	2		00:49.26																								
3	Amato Attilio		UNIONE LOMBARDA		01.03.17																								
84	3	04:42	87	5	05:26	83	5	03:57	44	5	06:56	61	4	04:29	65	3	04:42	54	7	03:05	48	4	02:10	75	5	17:37	90	7	06:58
3		00:04.42	3		00:10.08	3		00:14.05	3		00:21.01	3		00:25.30	3		00:30.12	3		00:33.17	3		00:35.27	3		00:53.04	3		01:00.02
100	7	02:15	CL	8	01:00																								
3		01:02.17	3		01:03.17																								
4	Lombardi Elena		SCOM Mendrisio		01.18.29																								
84	4	06:10	87	7	06:48	83	6	04:58	44	4	06:45	61	9	15:57	65	7	05:47	54	4	02:44	48	7	03:09	75	5	17:37	90	3	06:01
4		00:06.10	5		00:12.58	5		00:17.56	4		00:24.41	6		00:40.38	6		00:46.25	6		00:49.09	6		00:52.18	6		01:09.55	5		01:15.56
100	3	01:47	CL	3	00:46																								
4		01:17.43	4		01:18.29																								
5	Guzzo Luigi		POL. BESANESE		01.18.30																								
84	5	06:38	87	4	04:30	83	4	03:54	44	9	20:22	61	3	04:14	65	4	04:46	54	2	01:39	48	6	02:37	75	7	19:06	90	6	06:48
5		00:06.38	4		00:11.08	4		00:15.02	7		00:35.24	5		00:39.38	5		00:44.24	5		00:46.03	5		00:48.40	4		01:07.46	4		01:14.34
100	9	03:12	CL	2	00:44																								
5		01:17.46	5		01:18.30																								
6	Figoli Jonathan		G. S. OR. FOLGORE		01.19.21																								
84	6	10:36	87	6	06:03	83	7	05:32	44	6	07:43	61	7	13:41	65	5	05:26	54	5	02:47	48	1	01:49	75	4	15:56	90	5	06:46
6		00:10.36	7		00:16.39	7		00:22.11	6		00:29.54	7		00:43.35	7		00:49.01	7		00:51.48	7		00:53.37	5		01:09.33	6		01:16.19
100	6	02:13	CL	5	00:49																								
6		01:18.32	6		01:19.21																								
7	Milesi Nicoletta		AGOROSSO OR. S. ALESSANDRO		01.19.41																								
84	8	11:18	87	2	03:36	83	3	03:49	44	8	10:37	61	1	03:02	65	8	06:06	54	3	01:47	48	5	02:17	75	9	29:40	90	1	04:45
8		00:11.18	6		00:14.54	6		00:18.43	5		00:29.20	4		00:32.22	4		00:38.28	4		00:40.15	4		00:42.32	7		01:12.12	7		01:16.57
100	4	01:50	CL	7	00:54																								
7		01:18.47	7		01:19.41																								
8	Figoli Alessio		G. S. OR. FOLGORE		01.42.52																								
84	9	22:03	87	9	18:26	83	8	05:39	44	3	06:40	61	8	15:09	65	6	05:28	54	5	02:47	48	3	01:57	75	3	14:40	90	8	07:20
9		00:22.03	9		00:40.29	9		00:46.08	9		00:52.48	9		01:07.57	9		01:13.25	9		01:16.12	9		01:18.09	9		01:32.49	9		01:40.09
100	5	01:57	CL	3	00:46																								
9		01:42.06	8		01:42.52																								
9	Magenes Linda		POL. PUNTO NORD		01.43.11																								
84	7	10:57	87	8	08:30	83	9	10:10	44	7	10:09	61	6	11:52	65	9	07:12	54	9	05:09	48	9	04:15	75	8	20:58	90	9	09:56
7		00:10.57	8		00:19.27	8		00:29.37	8		00:39.46	8		00:51.38	8		00:58.50	8		01:03.59	8		01:08.14	8		01:29.12	8		01:39.08
100	8	02:54	CL	9	01:09																								
8		01:42.02	9		01:43.11																								

# CLASSIFICA

Campionato Reg Long Data: domenica 26 maggio 2024

Data creazione: 26/05/2024 21:58:22



## Categoria: ARANCIONE

(Lunghezza 2000 m - Dislivello 70 m - Kmsf 2,70)

Pos.	Nome	Società	Tempo
1	Borroni Roberta	UNIONE LOMBARDA	00.42.08
59	2 09:17	84 1 02:05	71 2 03:55
33	1 02:10	87 3 02:06	36 1 04:20
37	2 03:34	75 2 03:23	39 1 07:31
100	1 03:01	2 00:09.17	1 00:11.22
1	00:15.17	1 00:17.27	1 00:19.33
1	00:23.53	1 00:27.27	1 00:30.50
1	00:38.21	1 00:41.22	
CL	1 00:46		
1	00:42.08		
2	Mazzoleni Lara	AGOROSSO OR. S. ALESSANDRO	01.00.31
59	1 04:43	84 4 08:08	71 3 03:58
33	4 04:40	87 2 01:36	36 2 04:35
37	3 13:49	75 3 05:08	39 3 08:57
100	2 04:10	1 00:04.43	2 00:12.51
2	00:16.49	2 00:21.29	2 00:23.05
2	00:27.40	2 00:41.29	2 00:46.37
2	00:55.34	2 00:59.44	
CL	2 00:47		
2	01.00.31		
3	Giuliani Ruggero	UNIONE LOMBARDA	01.07.04
59	3 25:59	84 2 05:59	71 1 03:40
33	2 03:23	87 1 01:26	36 3 04:36
37	1 03:09	75 1 03:15	39 1 07:31
100	3 07:05	3 00:25.59	3 00:31.58
3	00:35.38	3 00:39.01	3 00:40.27
3	00:45.03	3 00:48.12	3 00:51.27
3	00:58.58	3 01:06.03	
CL	3 01:01		
3	01.07.04		
-	Munari Alessandra	UNIONE LOMBARDA	Ritirato
59	4 38:57	84 3 07:19	71 4 07:50
33	3 03:51	RI - -57:-57	
4	00:38.57	4 00:46.16	4 00:54.06
4	00:57.57	4 00:00.00	

## Categoria: GIALLO

(Lunghezza 2550 m - Dislivello 65 m - Kmsf 3,20)

Pos.	Nome	Società	Tempo
1	Korol Mykyta	POL. PUNTO NORD	01.10.24
70	2 03:45	59 4 30:45	80 1 01:04
34	1 10:09	76 2 01:56	33 1 05:11
43	1 03:52	36 2 03:00	75 1 05:13
90	1 03:50	2 00:03.45	4 00:34.30
4	00:35.34	4 00:45.43	4 00:47.39
3	00:52.50	2 00:56.42	2 00:59.42
1	01:04.55	1 01:08.45	
100	1 01:10	CL 1 00:29	
1	01:09.55	1 01:10.24	
2	Visalli Francesco	POL. PUNTO NORD	01.25.31
70	3 06:30	59 1 02:00	80 3 01:35
34	4 28:13	76 1 00:55	33 2 13:07
43	2 05:52	36 4 06:27	75 2 10:16
90	2 07:46	3 00:06.30	2 00:08.30
2	00:10.05	3 00:38.18	2 00:39.13
2	00:52.20	3 00:58.12	3 01:04.39
2	01:14.55	2 01:22.41	
100	3 02:19	CL 2 00:31	
2	01.25.00	2 01.25.31	
3	Condo' Benedetta	OR. COMO	01.28.01
70	1 03:12	59 2 02:40	80 2 01:34
34	2 11:44	76 3 02:14	33 3 13:42
43	3 07:48	36 1 01:52	75 3 31:04
90	3 09:22	1 00:03.12	1 00:05.52
1	00:07.26	1 00:19.10	1 00:21.24
1	00:35.06	1 00:42.54	1 00:44.46
3	01:15.50	3 01.25.12	
100	2 02:02	CL 3 00:47	
3	01.27.14	3 01.28.01	
-	Riva Elda	POL. BESANESE	Punz. Mancante
70	4 06:46	59 3 12:02	80 4 02:43
34	3 13:53	76 4 03:59	33 4 15:05
43	4 26:28	36 3 04:16	100 - 27:21
PM	- +112:-33	4 00:06.46	3 00:18.48
3	00:21.31	2 00:35.24	3 00:39.23
4	00:54.28	4 01.20.56	4 01.25.12
4	01.25.12		

## Categoria: BIANCO

(Lunghezza 2000 m - Dislivello 70 m - Kmsf 2,70)

Pos.	Nome	Società	Tempo
1	Bonfanti Sara	ORIENT EXPRESS VERONA	00.59.45
70	1 04:03	85 3 08:36	71 2 04:12
87	2 06:06	43 2 08:24	36 2 03:45
37	2 05:18	75 2 05:09	38 1 04:19
90	2 05:17	1 00:04.03	2 00:12.39
1	00:16.51	1 00:22.57	1 00:31.21
1	00:35.06	1 00:40.24	1 00:45.33
1	00:49.52	1 00:55.09	
100	2 03:14	CL 2 01:22	
1	00:58.23	1 00:59.45	
2	Palombi Barbara	POL. PUNTO NORD	01.06.33
70	3 12:06	85 1 03:14	71 1 03:31
87	3 07:26	43 1 06:53	36 1 03:11
37	3 06:50	75 3 08:26	38 2 05:07
90	1 04:50	3 00:12.06	3 00:15.20
2	00:18.51	2 00:26.17	2 00:33.10
2	00:36.21	2 00:43.11	2 00:51.37
2	00:56.44	2 01.01.34	
100	3 03:26	CL 3 01:33	
2	01.05.00	2 01.06.33	



..Categoria: BIANCO

Pos.	Nome		Società		Tempo																								
3	Pinzetta Loredana		VARESE OR.		01.27.29																								
70	2	04:23	85	2	06:26	71	3	17:24	87	1	02:48	43	3	09:34	36	3	12:21	37	1	03:34	75	1	04:38	38	3	12:30	90	3	09:58
2	00.04.23	1	00.10.49	3	00.28.13	3	00.31.01	3	00.40.35	3	00.52.56	3	00.56.30	3	01.01.08	3	01.13.38	3	01.23.36										
100	1	02:38	CL	1	01:15																								
3	01.26.14	3	01.27.29																										

**Categoria: ESORDIENTI**

(Lunghezza 2000 m - Dislivello 70 m - Kmsf 2,70)

Pos.	Nome		Società		Tempo																								
0	Agostino Elisa		NIRVANA VERDE		00.55.53																								
70	27	09:18	85	16	02:41	71	20	04:18	87	22	03:58	43	19	04:30	36	22	03:53	37	16	05:08	75	17	07:12	38	15	04:51	90	6	04:12
27	00.09.18	27	00.11.59	23	00.16.17	21	00.20.15	15	00.24.45	14	00.28.38	16	00.33.46	15	00.40.58	15	00.45.49	13	00.50.01										
100	25	04:23	CL	22	01:29																								
15	00.54.24	0	00.55.53																										

0 Basile Teresa NIRVANA VERDE 03.26.29

70	31	15:58	85	26	03:54	71	17	04:12	87	21	03:53	43	15	04:09	36	19	03:36	37	20	06:26	75	24	08:23	38	19	05:29	90	23	06:01
31	02.35.58	32	02.39.52	31	02.44.04	31	02.47.57	30	02.52.06	30	02.55.42	30	03.02.08	29	03.10.31	29	03.16.00	29	03.22.01										
100	14	03:00	CL	20	01:28																								
29	03.25.01	0	03.26.29																										

0 Bisconti Manuela NIRVANA VERDE 00.55.59

70	28	09:52	85	12	02:13	71	19	04:16	87	18	03:49	43	21	04:40	36	22	03:53	37	14	04:55	75	18	07:22	38	17	05:00	90	6	04:12
28	00.09.52	28	00.12.05	24	00.16.21	20	00.20.10	16	00.24.50	15	00.28.43	15	00.33.38	16	00.41.00	16	00.46.00	15	00.50.12										
100	21	04:14	CL	26	01:33																								
16	00.54.26	0	00.55.59																										

0 Botta Paolo NIRVANA VERDE 01.29.39

70	16	05:05	85	22	03:18	71	11	02:58	87	4	02:14	43	29	34:29	36	13	02:49	37	25	12:32	75	27	11:06	38	11	04:29	90	8	04:13
16	00.05.05	17	00.08.23	12	00.11.21	10	00.13.35	27	00.48.04	27	00.50.53	26	01.03.25	25	01.14.31	25	01.19.00	24	01.23.13										
100	27	04:55	CL	23	01:31																								
25	01.28.08	0	01.29.39																										

- Brocco Livia ENEA CASACCIA ORIENTERING Fuori Tempo Max

70	32	15:29	85	14	02:36	71	24	04:48	87	16	03:20	43	17	04:27	36	24	03:54	37	19	06:06	75	23	08:20	38	21	05:45	90	21	05:34
32	02.36.29	31	02.39.05	30	02.43.53	30	02.47.13	29	02.51.40	29	02.55.34	29	03.01.40	28	03.10.00	28	03.15.45	28	03.21.19										
100	16	03:07	FT	15	00:59																								
28	03.24.26	0	03.25.25																										

0 Castellani Niccolò NIRVANA VERDE 00.42.31

70	2	02:16	85	18	02:53	71	4	01:50	87	2	01:53	43	3	01:33	36	2	01:50	37	2	02:17	38	-	22:16	90	-	02:43	100	-	01:59
2	00.02.16	5	00.05.09	3	00.06.59	1	00.08.52	1	00.10.25	1	00.12.15	1	00.14.32	-	00.36.48	-	00.39.31	-	00.41.30										
CL	-	01:01																											
0	00.42.31																												

0 Citarella Giulia NIRVANA VERDE 00.54.14

70	21	06:25	85	10	02:03	71	6	02:28	87	31	13:40	43	6	02:32	36	8	02:36	37	13	04:49	75	19	07:30	38	13	04:39	90	3	03:25
21	00.06.25	18	00.08.28	10	00.10.56	23	00.24.36	19	00.27.08	18	00.29.44	18	00.34.33	18	00.42.03	18	00.46.42	14	00.50.07										
100	17	03:09	CL	14	00:58																								
13	00.53.16	0	00.54.14																										

0 D'Arrigo Giulio e Agata Senza Società 00.54.10

70	4	02:39	85	19	02:55	71	17	04:12	87	9	02:50	43	13	03:35	36	15	03:02	37	10	04:39	75	22	08:17	38	29	11:23	90	19	05:27
4	00.02.39	8	00.05.34	9	00.09.46	8	00.12.36	6	00.16.11	6	00.19.13	5	00.23.52	5	00.32.09	9	00.43.32	12	00.48.59										
100	23	04:16	CL	12	00:55																								
12	00.53.15	0	00.54.10																										

0 Epicoco Silvia POL. PUNTO NORD 01.38.15

70	29	11:08	85	32	05:17	71	26	06:33	87	28	08:23	43	26	11:27	36	30	06:40	37	24	12:24	75	20	07:31	38	28	11:16	90	28	11:22
29	00.11.08	29	00.16.25	27	00.22.58	28	00.31.21	25	00.42.48	25	00.49.28	25	01.01.52	24	01.09.23	26	01.20.39	26	01.32.01										
100	21	04:14	CL	28	02:00																								
26	01.36.15	0	01.38.15																										

0 Galli Barbara NIRVANA VERDE 01.29.36

70	14	04:48	85	25	03:32	71	10	02:56	87	5	02:16	43	29	34:29	36	10	02:41	37	27	12:49	75	28	11:12	38	10	04:16	90	9	04:16
14	00.04.48	16	00.08.20	11	00.11.16	9	00.13.32	26	00.48.01	26	00.50.42	27	01.03.31	26	01.14.43	24	01.18.59	25	01.23.15										
100	26	04:50	CL	23	01:31																								
24	01.28.05	0	01.29.36																										

...Categoria: ESORDIENTI

Pos.	Nome		Società		Tempo																								
0	Giulio Anita		NIRVANA VERDE		01.05.51																								
70	18	05:27	85	24	03:31	71	23	04:33	87	24	04:13	43	24	07:38	36	28	06:21	37	23	09:12	75	10	06:09	38	27	08:40	90	22	05:43
18	00.05.27	20	00.08.58	15	00.13.31	14	00.17.44	17	00.25.22	21	00.31.43	20	00.40.55	19	00.47.04	19	00.55.44	19	01.01.27										
100	15	03:03	CL	18	01:21																								
19	01.04.30	0	01.05.51																										
0	Lazzari Matteo		NIRVANA VERDE		00.27.11																								
70	1	01:21	85	1	01:02	71	1	01:33	87	27	06:38	43	1	01:20	36	1	01:29	37	1	01:43	75	11	06:13	38	1	02:07	90	1	01:46
1	00.01.21	1	00.02.23	1	00.03.56	6	00.10.34	4	00.11.54	2	00.13.23	2	00.15.06	1	00.21.19	1	00.23.26	1	00.25.12										
100	1	01:13	CL	9	00:46																								
1	00.26.25	0	00.27.11																										
-	Ligato Viviana		NIRVANA VERDE		Ritirato																								
70	30	13:43	85	30	04:36	RI	-	-18:-19																					
30	00.13.43	30	00.18.19	0	00.00.00																								
0	Lorello Dorothee		NIRVANA VERDE		00.51.15																								
70	23	07:32	85	17	02:47	71	16	04:07	87	23	04:01	43	22	04:50	36	18	03:27	37	15	04:58	75	14	07:06	38	14	04:48	90	4	03:30
23	00.07.32	22	00.10.19	19	00.14.26	17	00.18.27	12	00.23.17	11	00.26.44	12	00.31.42	11	00.38.48	10	00.43.36	9	00.47.06										
100	18	03:12	CL	13	00:57																								
9	00.50.18	0	00.51.15																										
-	Manzoni Angela		Senza Società		Ritirato																								
85	-	05:14	RI	-	-05:-14																								
-	00.05.14	0	00.00.00																										
0	Milesi Elisabetta		NIRVANA VERDE		00.49.41																								
70	8	03:35	85	29	04:24	71	15	03:54	87	26	05:58	43	7	02:51	36	17	03:19	37	4	03:37	75	3	04:33	38	25	07:11	90	24	07:07
8	00.03.35	15	00.07.59	13	00.11.53	15	00.17.51	8	00.20.42	8	00.24.01	8	00.27.38	6	00.32.11	5	00.39.22	7	00.46.29										
100	9	02:18	CL	11	00:54																								
7	00.48.47	0	00.49.41																										
-	Molteni Sensoni Pietro		OR. COMO		Punz. Mancante																								
70	20	06:17	85	2	01:04	71	2	01:47	87	1	01:19	36	-	02:04	37	-	02:22	75	-	04:43	38	-	02:35	90	-	03:59	100	-	01:19
20	00.06.17	14	00.07.21	7	00.09.08	5	00.10.27	-	00.12.31	-	00.14.53	-	00.19.36	-	00.22.11	-	00.26.10	-	00.27.29										
PM	-	00:46																											
0	00.28.15																												
0	Moschini Francesca		NIRVANA VERDE		00.52.48																								
70	9	03:37	85	23	03:22	71	27	07:20	87	10	03:07	43	19	04:30	36	21	03:47	37	11	04:42	75	25	08:53	38	16	04:56	90	12	04:29
9	00.03.37	13	00.06.59	18	00.14.19	13	00.17.26	10	00.21.56	10	00.25.43	10	00.30.25	14	00.39.18	12	00.44.14	11	00.48.43										
100	12	02:45	CL	17	01:20																								
10	00.51.28	0	00.52.48																										
0	Napoli Sofia		AGOROSSO OR. S. ALESSANDRO		00.56.52																								
70	11	03:42	85	31	04:47	71	13	03:27	87	12	03:18	43	14	04:00	36	10	02:41	37	17	05:13	75	26	09:10	38	26	08:32	90	25	08:21
11	00.03.42	19	00.08.29	14	00.11.56	11	00.15.14	7	00.19.14	7	00.21.55	7	00.27.08	8	00.36.18	14	00.44.50	17	00.53.11										
100	13	02:57	CL	6	00:44																								
17	00.56.08	0	00.56.52																										
0	Nucci Giulia		NIRVANA VERDE		01.25.18																								
70	15	05:02	85	28	04:11	71	20	04:18	87	19	03:50	43	25	10:44	36	29	06:37	37	22	08:02	75	13	07:02	38	23	06:40	90	29	19:35
15	00.05.02	21	00.09.13	15	00.13.31	12	00.17.21	20	00.28.05	24	00.34.42	21	00.42.44	20	00.49.46	20	00.56.26	23	01.16.01										
100	29	05:58	CL	29	03:19																								
23	01.21.59	0	01.25.18																										
0	Oppedisano Stella		NIRVANA VERDE		00.54.14																								
70	26	08:10	85	13	02:14	71	22	04:21	87	19	03:50	43	16	04:13	36	26	04:05	37	18	05:14	75	15	07:08	38	12	04:32	90	15	04:38
26	00.08.10	23	00.10.24	21	00.14.45	18	00.18.35	11	00.22.48	12	00.26.53	13	00.32.07	13	00.39.15	11	00.43.47	10	00.48.25										
100	24	04:21	CL	20	01:28																								
11	00.52.46	0	00.54.14																										
0	Orsenigo Giorgio		OR. COMO		01.16.49																								
70	17	05:22	85	3	01:09	71	30	16:56	87	12	03:18	43	9	03:12	36	4	02:17	37	30	29:21	75	7	05:14	38	5	03:13	90	13	04:32
17	00.05.22	11	00.06.31	28	00.23.27	26	00.26.45	24	00.29.57	23	00.32.14	24	01.01.35	23	01.06.49	23	01.10.02	22	01.14.34										
100	5	01:44	CL	2	00:31																								
22	01.16.18	0	01.16.49																										
0	Pedersoli Gioele		OR. COMO		01.15.06																								
70	10	03:41	85	4	01:11	71	29	16:36	87	14	03:19	43	11	03:18	36	6	02:18	37	28	29:15	75	6	05:11	38	3	03:09	90	13	04:32
10	00.03.41	3	00.04.52	25	00.21.28	24	00.24.47	20	00.28.05	19	00.30.23	22	00.59.38	21	01.04.49	21	01.07.58	20	01.12.30										
100	6	01:52	CL	6	00:44																								
20	01.14.22	0	01.15.06																										

...Categoria: ESORDIENTI

Pos.	Nome		Società		Tempo																								
0	Perin Linda		NIRVANA VERDE		00.45.35																								
70	7	03:20	85	9	01:56	71	9	02:42	87	29	10:51	43	8	03:02	36	7	02:35	37	6	03:55	75	21	07:52	38	7	03:53	90	2	02:41
7		00.03.20	6		00.05.16	6		00.07.58	19		00.18.49	9		00.21.51	9		00.24.26	9		00.28.21	7		00.36.13	6		00.40.06	5		00.42.47
100	8	01:58	CL	10	00:50																								
5		00.44.45	0		00.45.35																								
0	Radice Lucio		POL. BESANESE		01.41.33																								
70	19	05:28	85	7	01:22	71	31	31:38	87	8	02:41	43	27	11:40	36	25	03:56	37	21	07:02	75	29	18:06	38	20	05:40	90	27	09:41
19		00.05.28	12		00.06.50	29		00.38.28	29		00.41.09	28		00.52.49	28		00.56.45	28		01.03.47	27		01.21.53	27		01.27.33	27		01.37.14
100	20	03:42	CL	5	00:37																								
27		01.40.56	0		01.41.33																								
0	Riva Adelfio		NIRVANA VERDE		01.01.39																								
70	25	08:04	85	20	02:57	71	25	04:58	87	25	05:13	43	17	04:27	36	20	03:45	37	12	04:48	75	15	07:08	38	18	05:08	90	26	08:32
25		00.08.04	24		00.11.01	22		00.15.59	22		00.21.12	18		00.25.39	16		00.29.24	17		00.34.12	17		00.41.20	17		00.46.28	18		00.55.00
100	28	05:07	CL	25	01:32																								
18		01.00.07	0		01.01.39																								
-	Rusconi Jordi + Moreno		POL. BESANESE		Ritirato																								
RI	-	00:00																											
0		00.00.00																											
0	Sanvito Annamaria		GOLD Savosa		00.50.04																								
70	24	07:52	85	21	03:16	71	8	02:36	87	30	13:02	43	5	02:28	36	10	02:41	37	5	03:50	75	1	03:01	38	6	03:16	90	11	04:27
24		00.07.52	25		00.11.08	17		00.13.44	27		00.26.46	23		00.29.14	22		00.31.55	19		00.35.45	10		00.38.46	8		00.42.02	7		00.46.29
100	11	02:25	CL	16	01:10																								
8		00.48.54	0		00.50.04																								
0	Selva Lorenzo		NIRVANA VERDE		00.34.45																								
70	5	02:49	85	11	02:11	71	5	02:17	87	5	02:16	43	4	02:07	36	9	02:39	37	7	04:17	75	2	03:26	38	8	03:55	90	16	05:04
5		00.02.49	4		00.05.00	4		00.07.17	3		00.09.33	3		00.11.40	4		00.14.19	3		00.18.36	2		00.22.02	2		00.25.57	2		00.31.01
100	10	02:23	CL	18	01:21																								
2		00.33.24	0		00.34.45																								
0	Spreafico Magda e Martino		NIRVANA VERDE		00.48.09																								
70	3	02:37	85	8	01:44	71	7	02:31	87	3	02:13	43	28	14:53	36	16	03:13	37	9	04:30	75	9	05:34	38	9	04:15	90	5	03:58
3		00.02.37	2		00.04.21	2		00.06.52	2		00.09.05	14		00.23.58	13		00.27.11	11		00.31.41	9		00.37.15	7		00.41.30	6		00.45.28
100	7	01:56	CL	8	00:45																								
6		00.47.24	0		00.48.09																								
0	Stella Valentina		NIRVANA VERDE		00.55.36																								
70	22	07:23	85	27	04:02	71	12	03:08	87	17	03:25	43	23	05:24	36	27	06:03	37	3	03:13	75	12	06:18	38	22	05:52	90	20	05:33
22		00.07.23	26		00.11.25	20		00.14.33	16		00.17.58	13		00.23.22	17		00.29.25	14		00.32.38	12		00.38.56	13		00.44.48	16		00.50.21
100	19	03:35	CL	27	01:40																								
14		00.53.56	0		00.55.36																								
0	Tagliabue Diego		OR. COMO		01.15.24																								
70	13	04:37	85	5	01:19	71	28	16:28	87	14	03:19	43	9	03:12	36	4	02:17	37	29	29:19	75	7	05:14	38	4	03:12	90	10	04:18
13		00.04.37	10		00.05.56	26		00.22.24	25		00.25.43	22		00.28.55	20		00.31.12	23		01.00.31	22		01.05.45	22		01.08.57	21		01.13.15
100	4	01:34	CL	4	00:35																								
21		01.14.49	0		01.15.24																								
0	Tomiello Irene e Dennis		POL. PUNTO NORD		00.42.26																								
70	6	02:52	85	14	02:36	71	14	03:49	87	11	03:14	43	11	03:18	36	14	03:00	37	8	04:20	75	5	05:08	38	24	07:06	90	17	05:06
6		00.02.52	7		00.05.28	8		00.09.17	7		00.12.31	5		00.15.49	5		00.18.49	4		00.23.09	3		00.28.17	4		00.35.23	4		00.40.29
100	3	01:30	CL	1	00:27																								
4		00.41.59	0		00.42.26																								
0	Valnegri Rudy Dalmazio		POL. BESANESE		00.40.43																								
70	12	04:20	85	6	01:21	71	2	01:47	87	7	02:33	43	2	01:27	36	3	02:00	37	26	12:41	75	4	04:45	38	2	02:27	90	18	05:24
12		00.04.20	9		00.05.41	5		00.07.28	4		00.10.01	2		00.11.28	3		00.13.28	6		00.26.09	4		00.30.54	3		00.33.21	3		00.38.45
100	2	01:26	CL	3	00:32																								
3		00.40.11	0		00.40.43																								