



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO

11th MEDITERRANEAN CHAMPIONSHIPS IN ORIENTEERING

Memorial “ Sergio Grifoni and Stelvio Manfrin”



Organizing Committee:

Technical Delegate and IOF Adviser: Federico Venezian

Event Director: Massimo Bianchi

Course Planners: Marco Bezzi - Stefano Baccelli - Giaime Origgi

Controllers: Daniele Pagliari, Lorenzo Landi, Francesco Landi

Technical Adviser: Daniele Pagliari

Responsible Start and Finish Area: Diego Musetti - Mariano D'Andrea - Claudio De Stefano

Event Office: Monica Casalini - Martina Corona

IT Data Manager: Gian Luca Landi - Valerio Baccelli

Speakers: Stefano Galletti and Tiziano De Cristoforo

Medical Assistance: Croce Rossa Italiana Section of Prato

Volunteers and Assistance: Volunteers of the Natural Science Centre of Prato

Final courses lengths will be visible from **Monday 30 September 2024**



Classes:

Mediterranean Championship Orienteering (COMOF)

Each nation representing the MCO will be represented by 4 males and 4 females athletes

SENIOR (M/W 21 E): 2 WOMEN AND 2 MEN

JUNIORS (M/W 20): 2 WOMEN AND 2 MEN

Preliminary Deadline: 23th September (please use preliminary entry form)

Finaly Deadline: 10th October (please use final entry form)

There will be competitions open to all participants who are not members of the MCO in the following classes:

Women:

12, 14, 16, 18, 20, 21E (WRE), 21A, 21B, 21C, 35, 40, 45, 50, 55, 60, 65, 70, 75

Men:

12, 14, 16, 18, 20, 21E (WRE), 21A, 21B, 21C, 35, 40, 45, 50, 55, 60, 65, 70, 75

Beginners - School - Direct (Black - Red and Yellow) - M10 and W10

Registration:

Online for foreigners:

<http://orienteeringonline.net/CompetitionBasicInfo.aspx?CompetitionID=12942>

www.fiso.it for Italian athletes.

ME and WE Elite and national Team for COM can also sign up on

<https://eventor.orienteeing.org>

Toscana Orienteering Classic 2024	1° March - 1° June		2 June -15 September		16 September-16 October	
	Tutte le Gare	Singola Gara	Tutte le Gare	Singola Gara	Tutte le Gare	Singola Gara
CATEGORIE:						
MW10, MW12, MW14, MW16, RED CLASS, BLACK CLASS, YELLOW CLASS	32	8	40	10	48	12
MW18, MW20, MW ELITE, MW35, MW40, MW45, MW50, MW60, MW65, MW70, MW75, MWA, MWB, MWC	50	12,5	60	15	80	20
ESORDIENTI - BEGINNERS - SCUOLA , SCUOLE SUP	32	8	32	8	32	8

Payment:

IKP Orienteering ASD

IBAN : IT50N0303221503010000020220

Bank: Credito emiliano spa

Swift code: BACRIT22



Punghing System:

Sportident with Air+ will be used as punching and timing system. Sportident classic punching can be used.

There are no SIACs available for renting (only classical Sicards can be rented).

Start and Finish procedure:

Starting zone procedure

- 3 Call, Clear, Check and SIAC Test
- 2 Description Point
- 1 map delivery

Arrival Zone Procedure

The arrival time will be taken by inserting the sicard (either traditional or SIAC) in the FINISH station on the arrival line.

Prize Giving Ceremony:

Stage 1: Prizes will be awarded to the first classified in each classes (except for direct and beginner classes)

Stage 2,3,4 :

Prizes will be awarded to the first three classified in W21E and M21E in each day

For the Mediterranean Championships Orienteering (only countries members of COMOF) will be awarded with special medals the first three classified in W20, M20, W21E and M21E in each day.

At the end of stage 4:

On the classes M21E and W21E will be awarded the first 6 positions on the sum of the times of the stage 2, 3 and 4.

On the classes MW12, MW14, MW16, MW18, MW20, MW21A, MW21B, MW21C, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW75, will be awarded the first 3 positions on the sum of the time of the stage 2,3,4.

There will be no prizes for direct and beginner classes, except for those born after 01/01/2014 who will receive a participation prize.



Stage 1 - 31 October - Cascine di Tavola

Arena

Rimessa delle Barche. The event office (from 1.30 p.m. until 6.30 p.m) and Finish are in the arena

<https://maps.app.goo.gl/Ek2u2nEyxggDT4A7A>

Parking Area

1300 m from the race office <https://goo.gl/maps/eNZ7yM6gsKKpVMzf7>

Via Traversa del Crocifisso , follow signs Cascine di Tavola Park

Race Course

Sprint Night race (for competitive classes)

30% Forest 70% Park it is recommended orienteering shoes but not spike for the race

Map

Cascine di Tavola survey Oct. 2022 - update Sept. 2024

Scale 1:4000 for all categories. Equidistance 2 m.

Printed on water-resistant PET film. A4 format

Start

First start at 5.30 p.m. (for the competitive classes) The start will be at the arena

A headlamp is recommended

Beginner , M10, W10, Direct and School categories will have a free start with punching start from 4 p.m. to 5.p.m. (no night race)

Control Description

The control description will be only on the map.

Fair Play

The maps will not be collected after the race so please do not show the map to the runners who haven't yet started, or else you might be disqualified.

Withdrawal and maximum time

Competitors wishing to withdraw must cross the finish line (to switch off their SIAC). The maximum time limit is 1 hour. After 1 hour from the last start, the controls points will be collected.

Prize Giving Ceremony

The prize-giving ceremony will take place at the Arena at 7:00 p.m.



Stage 2 - 1 November - Prato - Sprint Distance

Arena

Piazza Santa Maria delle Carceri, Prato.

The event office (from 11.30 a.m. until 3.00 p.m) and Finish are in the arena

<https://maps.app.goo.gl/eQP2amCPGb6F85ZDA>

Parking Area

50 -250 m from the Arena. Remember that even if they are blue lines, parking is free

Race Course

Sprint race. Mixed terrain 90% urban, 10% meadows and fields. Recommended running or trail shoes.

Map

Prato Old Town , Survey End of August 2024 with ISSProm symbolism 2019-2

Scale 1:4000 for all categories. Equidistance 2 m.

Printed on water-resistant PET sheets. A4 format

Start

The first start will be at 1 p.m.

The MW10, Beginners, School and Direct categories will have a free start with punching start from 1.30 p.m. to 2.30 p.m.

Control Description

Available at the start and on the map

Fair Play

The maps will not be collected after the race so please do not show the map to the runners who haven't yet started, or else you might be disqualified.

Withdrawal and maximum time

Competitors wishing to withdraw must cross the finish line (to switch off their SIAC). The maximum time limit is 1 hour. After 1 hour from the last start, the controls points will be collected.

Prize Giving Ceremony

The prize-giving ceremony will take place at the Arena at 4:00 p.m.



Stage 3 - 2 November - Travalle - Middle Distance

Arena

Osteria Il Palagetto - Località Pratello, 4/5, 50041 Calenzano FI

The event office (from 08.30 a.m. until 2.00 p.m) and Finish are in the arena

<https://maps.app.goo.gl/1sHB6pH4QRxpaggz7>

Parking Area

300-1500 m from the car park to the Arena

Terrain

Cypress forest where taping is recommended due to the presence of stony ground. Caution is recommended during the race

Map

Travalle Survey March 2024

Scale 1:7500 for all categories. Equidistance 5 m

except for Beginners, School, MW10 and MW12 which will be at 1:5.000

Printed on water-resistant PET film. A4 format

Start

The first start will be at 10 a.m.

Control Description

Available at the start and on the map

Fair Play

The maps will not be collected after the race so please do not show the map to the runners who haven't yet started, or else you might be disqualified.

Withdrawal and maximum time

Competitors wishing to withdraw must cross the finish line (to switch off their SIAC). The maximum time limit is 2 hour. After 2 hour from the last start, the controls points will be collected.

Prize Giving Ceremony

The prize-giving ceremony will take place at the Arena at 2:00 p.m.



Stage 4 - 3 November – Monteferrato – Long Distance

Arena

At the Galceti Park - Via di Galceti

The event office (from 07.30 a.m. until 1.00 p.m) and Finish are in the arena

<https://maps.app.goo.gl/XNoqEVBbyvXkF86j9>

Parking Area

200-500 m from the car park to the Arena

Terrain

Pine forest where taping is recommended due to the presence of stony ground. Caution is recommended during the race

Map

Monteferrato - Galceti Park Survey March 2024

Scale 1:10000/7500 for all categories. Equidistance 5 m except for Beginners, School, MW10 and MW12 which will be at 1:5000

Printed on water-resistant PET film. A4 format

Start

The first start will be at 9 a.m.

Control Description

Available at the start and on the map

Fair Play

The maps will not be collected after the race so please do not show the map to the runners who haven't yet started, or else you might be disqualified.

Withdrawal and maximum time

Competitors wishing to withdraw must cross the finish line (to switch off their SIAC). The maximum time limit is 3 hour. After 3 hour from the last start, the controls points will be collected.

Prize Giving Ceremony

The prize-giving ceremony will take place at the Arena at 1:00 p.m.



Last Informations:

Embargo Area and Training possibilities

<https://www.google.com/maps/d/u/4/edit?mid=1qGHvPj29VTrKnYUHHyc6QmBLPoSEUZQX&usp=sharing>

Accommodation

They are already on the event website:

Toscana Orienteering Classic [Toscana Orienteering Classic \(dudaone.com\)](http://dudaone.com)

From 1 September there will be other accommodation

Rules COMOF:

mco_rules_2018.pdf (comofed.org)

NEXT Bulletin 16th October 2024



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