

**28 - 29 SETTEMBRE 2024**

COPPA REGIONE SPRINT MTBO  
6<sup>^</sup> PROVA COPPA ITALIA LONG MTBO  
3 REGION CUP AUT-SLO-FVG

**MEMORIAL** **SAVE THE DATE**  
Nazzeno Menis

**BULLETIN N. 2**  
**MEMORIAL NAZZARENO MENIS**

**Saturday 28th September 2024 - REGION CUP SPRINT MTBO PREPOTTO (UD)**

**First start 3.30 PM**

**Sunday 29th September 2024- 6<sup>^</sup> ITALIAN CUP LONG MTBO DOLEGNA DEL COLLIO (GO) & 3 REGION CUP  
Austria - Slovenia - Friuli Venezia Giulia**

**First Start 10.00 AM**

	<b>Saturday 28th September 2024</b> <b>REGION CUP SPRINT</b>	<b>Sunday 29th September 2024</b> <b>6<sup>^</sup> ITALIAN CUP LONG</b>
FEDERATION CONTROLLER	ALBINO MORET	ALBINO MORET
EVENT DIRECTOR	MAURO NARDI	MAURO NARDI
COURSE SETTER	CLIZIA ZAMBIASI	CLIZIA ZAMBIASI
COURSE CONTROLLER	MATTEO DAINESI	MATTEO DAINESI

## Saturday 28th September 2024- REGIONAL CUP SPRINT MTBO PREPOTTO (UD)

Saturday afternoon there will be both Mtb-O and Foot-O races. From the 35' Mtb-O race start time the Foot-O and Mtb-O courses are combined. Mtb-O courses should be given priority.

For further information please refer to the relevant Italian Federation (FISO) and the Foot-O organizer's web pages, Friuli MTB&O: <https://www.friulimtb.it/>

**COMPETITION CENTER:** Please note that the location has changed!!! It is 1.800m from the one originally indicated in bulletin n°1.

From 2 PM at the Azienda Agricola "Vie D'Alt" Prepotto Via Craoretto,16 (<https://g.co/kgs/4XSYaC7>).

Parking will be available.

**MAP:** "Dolegna - Prepotto", updated September 2024.

**TERRAIN:** Mainly open terrain, grape vines cultivations with some severe slopes, with a dense network of paths and smaller roads. Due to the recent intense rainfall the terrain is very slippery, pay attention to the water drains in the vineyards.

**COMPETITIVE CATEGORIES:** M/W12- M/W-14, M/W-17, M/W-20, M/W ELITE, M/W40, M/W50, M/W60, M70.

**NON-COMPETITIVE CATEGORIES:** ESORDIENTI (BEGINNERS), BIANCO, DIRECT and E-BIKE

**PUNCHING SYSTEM:** Sport Ident standard and Air+.

**START:** First start at **3.30 PM**, 500 m from the competition center. The road to the start has mild road traffic, please be careful. Pre-start is at -3' from one's start time. Please follow the start staff's instructions.

**FINISH:** at the competition center. Don't forget to read-out your SI-Card at the competition center.

### IMPORTANT:

- Cutting is NOT allowed.
- Attention on paths with two-way traffic. Keep your right. Allow faster competitors to overtake you.
- There is a small section of the course that goes on a tared municipal road, follow traffic laws and pay attention to ongoing traffic; cars are to be given way.
- Grapes harvest is towards the end, but please pay attention to the tractors on the paths and roads.
- Due to the recent intense rainfall the terrain is very slippery, pay attention to the water drains in the vineyards. Most dangerous points have been indicated with an obstacle magenta symbol, we may have missed some. Where there are many and consecutive dangerous points the magenta !! symbol has been used.
- Wearing a helmet is compulsory.
- Maps won't be collected at the end of the race. We rely on fair-play.

Maximum race time 1,5 hours

**REFRESHMENTS:** at the Competition Center, offered by the Friuli Venezia Giulia Italian Orienteering Sports Federation (FISO FVG).

## Sunday 29th September 2024 ITALIAN CUP LONG MTB-O 3 REGION CUP AUT-SLO-FVG e MEMORIAL NAZZARENO MENIS

**COMPETITION CENTER:** from 8:30 AM at Cinghiai a Sotet in Dolegna del Collio (GO) Via Pietro Zorutti, 17  
Coordinates: <https://maps.app.goo.gl/ov6oBhqoatMQPsae6>  
Parking will be available.

**PUNCHING SYSTEM:** Sport Ident standard and Air+. Should it not be working please manually punch your map.

**MAP:** "Dolegna - Prepotto", updated September 2024.

**TERRAIN:** Mainly open terrain, grape vines cultivations with some severe slopes, forest with a good path and roads network.

Grapes harvest is towards the end, but please pay attention to the tractors and trucks on the paths and roads. The terrain is very slippery due to the recent intense rainfall. On the steepest slopes water has creates deep (upto 1.5m) gullies. Pay attention to the water drains in the vineyards. Most dangerous points have been indicated with an obstacle magenta symbol; we may have missed some. Where there are many and consecutive dangerous points the magenta !! symbol has been used.

**Example: Large drain grate**



**Symbols: 717 Obstacle across track; 719 Dangerous section**



**COMPETITIVE CATEGORIES:** M/W12-M/W-14, M/W-17, M/W-20, M/W ELITE, MW B, M/W40, M/W50, M/W60, M70.

**NON-COMPETITIVE CATEGORIES:** ESORDIENTI (BEGINNERS), DIRECT and E-BIKE

**START:** 900 mt from the competition center. Pre-start is at -3' from one's start time. Please follow the start staff's instructions. The road to the start has mild road traffic, please be careful.

**FINISH:** in the proximity of the competition center.

Don't forget to read-out your SI-Card at the competition center, even if you haven't finished the race.

**IMPORTANT:**

- Cutting is NOT allowed.
- Attention on paths with two-way traffic. You may encounter competitors coming the other way also in open areas and on wider roads. Be careful!!!
- Keep your right. Allow faster competitors to overtake you.

- Grapes harvest is towards the end, but please pay attention to the tractors on the paths and roads.
- Wearing a helmet is compulsory.
- There will be some tared roads crossings, follow traffic laws and pay attention to ongoing traffic; cars are to be given way.

Maximum race time 3 hours

**FOOD/LUNCH:** It is possible to eat at the Cinghiai a Sotet Birreria Agricola, a fixed discounted menu will be available, book by Wednesday 25th September by calling +39 393 9113285

**PRIZE GIVING:** Sunday at 2.30 PM at the end of the long distance race there will be the Coppa Italia and 3 Region CUP prize giving ceremony.

**We wish to remind you that participating in the competition is volontary and you take full responsibility for damage caused to things and people.**

## **3 REGION CUP MTB-O 2024**

### **AUSTRIA - SLOVENIA - FRIULI VENEZIA GIULIA**

Rules for score assignment for 3 Region Cup Mtb-O 2024

The Trophy will take place on the 29th of September 2024 in Dolegna del Collio (GO)

The top finishers from every Region and in every competitive class (M/W12-M/W-14, M/W-17, M/W-20, M/W ELITE, MW B, M/W40, M/W50, M/W60, M70) will be considered.

Scores will be as follows:

- 1° place - 7 points
- 2° place - 5 points
- 3° place - 4 points

Overall ranking between Regions will be the result of the sum of points.

**Payment:** by bank transfer to Federazione Italiana Sport Orientamento Comitato Regionale FVG, IBAN: IT89S054846489000000421021 - bic swift code: civiit2c.

Please e-mail proof of payment a copy to Comitato FISO FVG (comitato@fisofvg.it) by Friday 27 September.

**PLEASE NOTE** that the IBAN on Bulletin 1 is incorrect, it should be: **IT89S054846489000000421021**